



| Senior Men 100m Wind: 1 | | | | |
|---|-----|--------------------|-------------------------|---------|
| 1 | 888 | Elvin Eduardo | Liverpool Harriers & AC | 11.6 |
| 2 | 830 | Luke Culshaw | Kirkby Milers AC | 12.5 |
| 3 | 558 | Harvey Van Geffen | Pendle AC | 12.5 |
| 4 | 126 | Jonathan Rutter | Blackpool Wyre & Fylde | 12.7 |
| 5 | 611 | Adam Metcalfe | Preston Harriers | 13.3 |
| 6 | 884 | David Edelman | Giffnock North AAC | 15.2 |
| Senior Men 200m heat 1 Wind: 0.3 | | | | |
| 1 | 881 | Kristian Marsh | Northern Masters AC | 27.1 |
| 2 | 611 | Adam Metcalfe | Preston Harriers | 28.4 |
| 3 | 23 | Paul Wareing | Barrow & Furness | 30.0 |
| 4 | 884 | David Edelman | Giffnock North AAC | 31.7 |
| 5 | 467 | Greg Ashworth | Lytham St Annes | 33.3 |
| 6 | 485 | Stephen Rodwell | Lytham St Annes | 33.6 |
| Senior Men 200m heat 2 Wind: 0.2 | | | | |
| 1 | 297 | Joe Waddington | Lancaster & Morecambe | 23.5 |
| 2 | 382 | Dan Evans | Liverpool P & S | 25.1 |
| 3 | 516 | Richard Blythe | Northern Masters AC | 25.4 |
| 4 | 126 | Jonathan Rutter | Blackpool Wyre & Fylde | 26.5 |
| 5 | 520 | Richard Cordwell | Northern Masters AC | 26.7 |
| 6 | 144 | Simon Morton | Burnley AC | 28.2 |
| Senior Men 200m overall | | | | |
| 1 | 297 | Joe Waddington | Lancaster & Morecambe | 23.5 |
| 2 | 382 | Dan Evans | Liverpool P & S | 25.1 |
| 3 | 516 | Richard Blythe | Northern Masters AC | 25.4 |
| 4 | 126 | Jonathan Rutter | Blackpool Wyre & Fylde | 26.5 |
| 5 | 520 | Richard Cordwell | Northern Masters AC | 26.7 |
| 6 | 881 | Kristian Marsh | Northern Masters AC | 27.1 |
| 7 | 144 | Simon Morton | Burnley AC | 28.2 |
| 8 | 611 | Adam Metcalfe | Preston Harriers | 28.4 |
| 9 | 23 | Paul Wareing | Barrow & Furness | 30.0 |
| 10 | 884 | David Edelman (NC) | Giffnock North AAC | 31.7 |
| 11 | 467 | Greg Ashworth | Lytham St Annes | 33.3 |
| 12 | 485 | Stephen Rodwell | Lytham St Annes | 33.6 |
| Senior Men 400m heat 1 | | | | |
| 1 | 835 | Lucas Houghton | Kirkby Milers AC | 53.8 |
| 2 | 746 | Alexander Glenn | Wigan & District | 55.0 |
| 3 | 297 | Joe Waddington | Lancaster & Morecambe | 55.8 |
| 4 | 555 | Henry Robinson | Pendle AC | 56.5 |
| 5 | 882 | David Mendonca | Northern Masters AC | 58.5 |
| 6 | 144 | Simon Morton | Burnley AC | 61.6 |
| Senior Men 400m heat 2 | | | | |
| 1 | 885 | Scott Bremner | Hoad Hill Harriers | 63.7 |
| 2 | 141 | John Linaker | Burnley AC | 66.1 |
| 3 | 452 | Matt Thompson | Liverpool P & S | 67.0 |
| 4 | 884 | David Edelman | Giffnock North AAC | 73.8 |
| 5 | 648 | Andrew Tranter | Preston Harriers | 75.3 |
| 6 | 467 | Greg Ashworth | Lytham St Annes | 81.9 |
| Senior Men 400m overall | | | | |
| 1 | 835 | Lucas Houghton | Kirkby Milers AC | 53.8 |
| 2 | 746 | Alexander Glenn | Wigan & District | 55.0 |
| 3 | 297 | Joe Waddington | Lancaster & Morecambe | 55.8 |
| 4 | 555 | Henry Robinson | Pendle AC | 56.5 |
| 5 | 882 | David Mendonca | Northern Masters AC | 58.5 |
| 6 | 144 | Simon Morton | Burnley AC | 61.6 |
| 7 | 885 | Scott Bremner (NC) | Hoad Hill Harriers | 63.7 |
| 8 | 141 | John Linaker | Burnley AC | 66.1 |
| 9 | 452 | Matt Thompson | Liverpool P & S | 67.0 |
| 10 | 884 | David Edelman (NC) | Giffnock North AAC | 73.8 |
| 11 | 648 | Andrew Tranter | Preston Harriers | 75.3 |
| 12 | 467 | Greg Ashworth | Lytham St Annes | 81.9 |
| Senior Men 800m | | | | |
| 1 | 101 | Mark Belfield | Blackpool Wyre & Fylde | 2:02.6 |
| 2 | 830 | Luke Culshaw | Kirkby Milers AC | 2:03.5 |
| 3 | 891 | Thomas MacAskill | Teviotdale Harriers | 2:03.9 |
| 4 | 336 | Oliver Oldham | Leven Valley AC | 2:04.0 |
| 5 | 236 | Alfie Addison | Kendal AAC | 2:09.1 |
| 6 | 304 | Samuel Binks | Lancaster Uni | 2:10.5 |
| 7 | 310 | Toby Edwards | Lancaster Uni | 2:12.3 |
| 8 | 290 | Roger Prudon | Lancaster & Morecambe | 2:18.9 |
| 9 | 885 | Scott Bremner | Hoad Hill Harriers | 2:19.2 |
| 10 | 692 | Ken Lennon | Southport Waterloo | 2:27.8 |
| 11 | 713 | Ben Rimmer | Southport Waterloo | 2:29.1 |
| 12 | 452 | Matt Thompson | Liverpool P & S | 2:30.2 |
| 13 | 186 | Adam Worsley | Bury AC | 2:37.9 |
| 14 | 522 | Steven Doxey | Northern Masters AC | 2:49.2 |
| 15 | 648 | Andrew Tranter | Preston Harriers | 2:56.3 |
| 16 | 829 | Stuart Cameron | Kirkby Milers AC | 2:59.8 |
| 17 | 531 | David Priestley | Northern Masters AC | 3:09.6 |
| Senior Men 1500m | | | | |
| 1 | 303 | George Beevers | Lancaster Uni | 4:15.6 |
| 2 | 342 | Luke Turner | Leven Valley AC | 4:26.2 |
| 3 | 321 | Thomas Prosser | Lancaster Uni | 4:49.8 |
| 4 | 306 | Rogan Cox | Lancaster Uni | 5:00.0 |
| 5 | 713 | Ben Rimmer | Southport Waterloo | 5:09.5 |
| 6 | 885 | Scott Bremner | Hoad Hill Harriers | 5:10.8 |
| 7 | 452 | Matt Thompson | Liverpool P & S | 5:30.8 |
| 8 | 648 | Andrew Tranter | Preston Harriers | 6:04.9 |
| 9 | 402 | Mark Hudson | Liverpool P & S | 6:07.9 |
| Senior Men 3000m | | | | |
| 1 | 484 | Jake Rodwell | Lytham St Annes | 9:43.5 |
| 2 | 290 | Roger Prudon | Lancaster & Morecambe | 9:44.1 |
| 3 | 487 | James Whittle | Lytham St Annes | 10:26.6 |
| 4 | 231 | Robert Walsh | Chorley AC & Tri | 10:29.5 |
| 5 | 198 | Neil Adair | Chorley AC & Tri | 10:39.7 |
| 6 | 23 | Paul Wareing | Barrow & Furness | 11:54.8 |
| 7 | 402 | Mark Hudson | Liverpool P & S | 12:24.9 |
| 8 | 114 | Daniel Higgins | Blackpool Wyre & Fylde | 12:26.4 |
| 9 | 522 | Steven Doxey | Northern Masters AC | 12:34.9 |
| 10 | 471 | Joseph Holt | Lytham St Annes | 12:35.2 |
| 11 | 485 | Stephen Rodwell | Lytham St Annes | 13:13.9 |
| 12 | 249 | Stuart McGurk | Kendal AAC | 13:59.8 |
| 13 | 317 | Joshua McKenny | Lancaster Uni | DQ.0 |



| Senior Men 4 x 100m Relay | | | | | |
|----------------------------------|-----|--|-----------------|------|--|
| 1 | 460 | | Liverpool P & S | 57.8 | |

| Senior Men High Jump | | | | | |
|-----------------------------|-----|-------------|-------------------------|------|--|
| 1 | 238 | Harry Bowen | Kendal AAC | 1.70 | |
| 2 | 890 | Joel Watson | Salford Metropolitan AC | 1.60 | |

| Senior Men Long Jump | | | | | |
|-----------------------------|-----|-------------------|-------------------------|------|--|
| 1 | 238 | Harry Bowen | Kendal AAC | 5.60 | |
| 2 | 578 | Finlay Clash | Preston Harriers | 5.44 | |
| 3 | 888 | Elvin Eduardo | Liverpool Harriers & AC | 5.43 | |
| 4 | 890 | Joel Watson | Salford Metropolitan AC | 5.40 | |
| 5 | 382 | Dan Evans | Liverpool P & S | 4.69 | |
| 6 | 558 | Harvey Van Geffen | Pendle AC | 4.51 | |

| Senior Men Shot | | | | | |
|------------------------|-----|-----------------------|------------------|------|--|
| 1 | 796 | Alexander Wotherspoon | Wigan & District | 9.83 | |
| 2 | 460 | Paul White | Liverpool P & S | 9.06 | |
| 3 | 546 | Andrew Higginbottom | Pendle AC | 8.42 | |
| 4 | 776 | Ian McPhail | Wigan & District | 8.24 | |
| 5 | 356 | David Brown | Liverpool P & S | 7.89 | |
| 6 | 829 | Stuart Cameron | Kirkby Milers AC | 6.99 | |
| 7 | 833 | Nathaniel Hopkins | Kirkby Milers AC | 3.95 | |

| Senior Men Discus | | | | | |
|--------------------------|-----|-----------------------|------------------------|-------|--|
| 1 | 816 | Russell Race | Hyndburn AC | 28.71 | |
| 2 | 796 | Alexander Wotherspoon | Wigan & District | 25.97 | |
| 3 | 356 | David Brown | Liverpool P & S | 25.07 | |
| 4 | 546 | Andrew Higginbottom | Pendle AC | 24.70 | |
| 5 | 753 | Philip Hayton | Wigan & District | 18.62 | |
| 6 | 126 | Jonathan Rutter | Blackpool Wyre & Fylde | 15.01 | |
| 7 | 833 | Nathaniel Hopkins | Kirkby Milers AC | 10.03 | |

| Senior Men Javelin | | | | | |
|---------------------------|-----|-----------------------|------------------|-------|--|
| 1 | 583 | Akein Ferdinando | Preston Harriers | 43.07 | |
| 2 | 796 | Alexander Wotherspoon | Wigan & District | 33.25 | |
| 3 | 776 | Ian McPhail | Wigan & District | 26.58 | |
| 4 | 460 | Paul White | Liverpool P & S | 23.93 | |
| 5 | 829 | Stuart Cameron | Kirkby Milers AC | 21.96 | |

| Senior Men Hammer | | | | | |
|--------------------------|-----|---------------------|------------------|-------|--|
| 1 | 546 | Andrew Higginbottom | Pendle AC | 29.60 | |
| 2 | 460 | Paul White | Liverpool P & S | 29.13 | |
| 3 | 816 | Russell Race | Hyndburn AC | 27.36 | |
| 4 | 356 | David Brown | Liverpool P & S | 25.42 | |
| 5 | 776 | Ian McPhail | Wigan & District | 19.49 | |
| 6 | 753 | Philip Hayton | Wigan & District | 14.93 | |
| 7 | 833 | Nathaniel Hopkins | Kirkby Milers AC | 11.03 | |

| Under 20 Men Discus | | | | | |
|----------------------------|-----|------------------|-----------------|-------|--|
| 1 | 366 | Charlie Climpson | Liverpool P & S | 33.77 | |

| Under 20 Men Hammer | | | | | |
|----------------------------|-----|------------------|-----------------|-------|--|
| 1 | 366 | Charlie Climpson | Liverpool P & S | 27.62 | |

| Under 20 Men Shot | | | | | |
|--------------------------|-----|------------------|-----------------|------|--|
| 1 | 366 | Charlie Climpson | Liverpool P & S | 9.90 | |

| Under 18 Men 100m Wind: 0.3 | | | | | |
|------------------------------------|-----|-----------------|----------------------|------|--|
| 1 | 505 | Oliver Park | Millom | 11.9 | |
| 2 | 352 | Daniel Berry | Liverpool P & S | 11.9 | |
| 3 | 752 | Matthew Hayton | Wigan & District | 11.9 | |
| 4 | 194 | Benjamin Holmes | Carlisle Aspatria AC | 12.0 | |
| 5 | 835 | Lucas Houghton | Kirkby Milers AC | 12.1 | |
| 6 | 13 | Joe Holden | Barrow & Furness | 12.2 | |

| Under 18 Men 200m Wind: 2.1 | | | | | |
|------------------------------------|-----|-----------------|----------------------|------|--|
| 1 | 352 | Daniel Berry | Liverpool P & S | 24.2 | |
| 2 | 194 | Benjamin Holmes | Carlisle Aspatria AC | 24.4 | |
| 3 | 133 | Samuel Damawa | Burnley AC | 24.4 | |
| 4 | 543 | Thomas Finnan | Pendle AC | 24.4 | |
| 5 | 752 | Matthew Hayton | Wigan & District | 24.7 | |
| 6 | 13 | Joe Holden | Barrow & Furness | 24.7 | |

| Under 18 Men 800m | | | | | |
|--------------------------|----|--------------|--------------------|--------|--|
| 1 | 78 | Thomas North | Blackburn Harriers | 2:12.8 | |

| Under 18 Men 1500m | | | | | |
|---------------------------|-----|----------------|------------|--------|--|
| 1 | 250 | Evan Mulvany | Kendal AAC | 4:42.9 | |
| 2 | 555 | Henry Robinson | Pendle AC | 4:57.1 | |

| Under 18 Men 3000m | | | | | |
|---------------------------|-----|------------------|--------------------|---------|--|
| 1 | 329 | Joseph Connolly | Leven Valley AC | 10:01.4 | |
| 2 | 86 | Peter Sagar-Moss | Blackburn Harriers | 10:23.8 | |
| 3 | 235 | Toby Acland | Kendal AAC | 10:30.4 | |
| 4 | 600 | William Kershaw | Preston Harriers | DQ.0 | |

| Under 18 Men Long Jump | | | | | |
|-------------------------------|-----|-------------|--------|------|--|
| 1 | 505 | Oliver Park | Millom | 5.22 | |

| Under 18 Men Triple Jump | | | | | |
|---------------------------------|-----|---------------|------------------------|-------|--|
| 1 | 505 | Oliver Park | Millom | 11.68 | |
| 2 | 877 | Harry Perkins | Lancaster & Morecambe | 10.98 | |
| 3 | 868 | Noah Adedoyin | Trafford Athletic Club | 10.94 | |

| Under 18 Men Shot | | | | | |
|--------------------------|-----|------------------|--------------------|-------|--|
| 1 | 444 | Joshua Sarbutts | Liverpool P & S | 10.33 | |
| 2 | 800 | Isaac Wright | Wigan & District | 10.28 | |
| 3 | 86 | Peter Sagar-Moss | Blackburn Harriers | 8.28 | |

| Under 18 Men Discus | | | | | |
|----------------------------|-----|----------------|------------------|-------|--|
| 1 | 752 | Matthew Hayton | Wigan & District | 16.13 | |

| Under 18 Men Javelin | | | | | |
|-----------------------------|-----|-------------------|--------------------|-------|--|
| 1 | 67 | Loucas Lancashire | Blackburn Harriers | 40.33 | |
| 2 | 86 | Peter Sagar-Moss | Blackburn Harriers | 37.59 | |
| 3 | 444 | Joshua Sarbutts | Liverpool P & S | 33.63 | |

| Under 18 Men Hammer | | | | | |
|----------------------------|-----|--------------|------------------|-------|--|
| 1 | 577 | Sam Christie | Preston Harriers | 28.90 | |
| 2 | 800 | Isaac Wright | Wigan & District | 26.61 | |



| Under 16 Boys 100m heat 1 | | | | |
|----------------------------------|-----|----------------|---------------------------|------|
| 1 | 854 | Harley Turner | Altrincham & District Ath | 11.9 |
| 2 | 191 | Thomas Downie | Carlisle Aspatria AC | 12.1 |
| 3 | 594 | Beau Ince | Preston Harriers | 12.5 |
| 4 | 458 | Dominic Webb | Liverpool P & S | 12.5 |
| 5 | 298 | Leo Waddington | Lancaster & Morecambe | 12.6 |
| 6 | 475 | Reuben May | Lytham St Annes | 15.7 |

| Under 16 Boys 100m heat 2 | | | | |
|----------------------------------|-----|------------------------|------------------------|------|
| 1 | 892 | Lucian Randall-Morgan | Trafford Athletic Club | 11.9 |
| 2 | 190 | Harry Cattermole | Carlisle Aspatria AC | 12.5 |
| 3 | 99 | Abdulsamad Abdulkareem | Blackpool Wyre & Fylde | 12.5 |
| 4 | 42 | Joshua Carrier | Blackburn Harriers | 13.0 |
| 5 | 296 | George Waddington | Lancaster & Morecambe | 13.1 |

| Under 16 Boys 100m overall | | | | |
|-----------------------------------|-----|--------------------------|---------------------------|------|
| 1 | 854 | Harley Turner (NC) | Altrincham & District Ath | 11.9 |
| 2 | 892 | Lucian Randall-Morgan (N | Trafford Athletic Club | 11.9 |
| 3 | 191 | Thomas Downie | Carlisle Aspatria AC | 12.1 |
| 4 | 594 | Beau Ince | Preston Harriers | 12.5 |
| 5 | 458 | Dominic Webb | Liverpool P & S | 12.5 |
| 6 | 190 | Harry Cattermole | Carlisle Aspatria AC | 12.5 |
| 7 | 99 | Abdulsamad Abdulkareem | Blackpool Wyre & Fylde | 12.5 |
| 8 | 298 | Leo Waddington | Lancaster & Morecambe | 12.6 |
| 9 | 42 | Joshua Carrier | Blackburn Harriers | 13.0 |
| 10 | 296 | George Waddington | Lancaster & Morecambe | 13.1 |
| 11 | 475 | Reuben May | Lytham St Annes | 15.7 |

| Under 16 Boys 200m heat 1 Wind: 2.9 | | | | |
|--|-----|-----------------|---------------------------|------|
| 1 | 854 | Harley Turner | Altrincham & District Ath | 23.9 |
| 2 | 439 | William Roberts | Liverpool P & S | 24.1 |
| 3 | 661 | Ethan Barnes | Southport Waterloo | 24.2 |
| 4 | 298 | Leo Waddington | Lancaster & Morecambe | 25.4 |
| 5 | 242 | Lucas Forrest | Kendal AAC | 25.6 |
| 6 | 475 | Reuben May | Lytham St Annes | 31.8 |

| Under 16 Boys 200m heat 2 Wind: 1.2 | | | | |
|--|-----|----------------|----------------------|------|
| 1 | 191 | Thomas Downie | Carlisle Aspatria AC | 24.4 |
| 2 | 638 | Lukas Sampson | Preston Harriers | 24.4 |
| 3 | 415 | Jacob Mason | Liverpool P & S | 25.4 |
| 4 | 42 | Joshua Carrier | Blackburn Harriers | 26.0 |
| 5 | 715 | Jude Rose | Southport Waterloo | 27.6 |
| 6 | 328 | Ryan Birt Reed | Leven Valley AC | 30.2 |

| Under 16 Boys 200m heat 3 | | | | |
|----------------------------------|-----|------------------|-----------------------|------|
| 1 | 613 | Daniel Moore | Preston Harriers | 24.9 |
| 2 | 190 | Harry Cattermole | Carlisle Aspatria AC | 25.3 |
| 3 | 458 | Dominic Webb | Liverpool P & S | 25.7 |
| 4 | 271 | Finley Flint | Lancaster & Morecambe | 26.6 |
| 5 | 644 | Jamie Stewart | Preston Harriers | 27.6 |

| Under 16 Boys 200m overall | | | | |
|-----------------------------------|-----|--------------------|---------------------------|------|
| 1 | 854 | Harley Turner (NC) | Altrincham & District Ath | 23.9 |
| 2 | 439 | William Roberts | Liverpool P & S | 24.1 |
| 3 | 661 | Ethan Barnes | Southport Waterloo | 24.2 |
| 4 | 638 | Lukas Sampson | Preston Harriers | 24.4 |
| 5 | 191 | Thomas Downie | Carlisle Aspatria AC | 24.4 |
| 6 | 613 | Daniel Moore | Preston Harriers | 24.9 |
| 7 | 190 | Harry Cattermole | Carlisle Aspatria AC | 25.3 |
| 8 | 298 | Leo Waddington | Lancaster & Morecambe | 25.4 |
| 9 | 415 | Jacob Mason | Liverpool P & S | 25.4 |
| 10 | 242 | Lucas Forrest | Kendal AAC | 25.6 |
| 11 | 458 | Dominic Webb | Liverpool P & S | 25.7 |
| 12 | 42 | Joshua Carrier | Blackburn Harriers | 26.0 |
| 13 | 271 | Finley Flint | Lancaster & Morecambe | 26.6 |
| 14 | 715 | Jude Rose | Southport Waterloo | 27.6 |
| 15 | 644 | Jamie Stewart | Preston Harriers | 27.6 |
| 16 | 328 | Ryan Birt Reed | Leven Valley AC | 30.2 |
| 17 | 475 | Reuben May | Lytham St Annes | 31.8 |

| Under 16 Boys 300m heat 1 | | | | |
|----------------------------------|-----|-----------------------|------------------------|------|
| 1 | 892 | Lucian Randall-Morgan | Trafford Athletic Club | 39.3 |
| 2 | 191 | Thomas Downie | Carlisle Aspatria AC | 39.4 |
| 3 | 661 | Ethan Barnes | Southport Waterloo | 39.9 |
| 4 | 25 | James Acton-Grieves | Blackburn Harriers | 40.5 |
| 5 | 756 | Samuel Hodgkinson | Wigan & District | 43.7 |
| 6 | 281 | Harry MacLuskie | Lancaster & Morecambe | 47.6 |

| Under 16 Boys 300m heat 2 | | | | |
|----------------------------------|-----|---------------|-----------------------|------|
| 1 | 576 | Huw Christie | Preston Harriers | 39.6 |
| 2 | 271 | Finley Flint | Lancaster & Morecambe | 41.9 |
| 3 | 203 | Ryan Ashworth | Chorley AC & Tri | 42.0 |
| 4 | 644 | Jamie Stewart | Preston Harriers | 44.5 |
| 5 | 715 | Jude Rose | Southport Waterloo | 46.2 |

| Under 16 Boys 300m overall | | | | |
|-----------------------------------|-----|--------------------------|------------------------|------|
| 1 | 892 | Lucian Randall-Morgan (N | Trafford Athletic Club | 39.3 |
| 2 | 191 | Thomas Downie | Carlisle Aspatria AC | 39.4 |
| 3 | 576 | Huw Christie | Preston Harriers | 39.6 |
| 4 | 661 | Ethan Barnes | Southport Waterloo | 39.9 |
| 5 | 25 | James Acton-Grieves | Blackburn Harriers | 40.5 |
| 6 | 271 | Finley Flint | Lancaster & Morecambe | 41.9 |
| 7 | 203 | Ryan Ashworth | Chorley AC & Tri | 42.0 |
| 8 | 756 | Samuel Hodgkinson | Wigan & District | 43.7 |
| 9 | 644 | Jamie Stewart | Preston Harriers | 44.5 |
| 10 | 715 | Jude Rose | Southport Waterloo | 46.2 |
| 11 | 281 | Harry MacLuskie | Lancaster & Morecambe | 47.6 |

| Under 16 Boys 800m | | | | |
|---------------------------|-----|----------------|-----------------------|--------|
| 1 | 697 | James McGrory | Southport Waterloo | 2:09.8 |
| 2 | 334 | Henry Murray | Leven Valley AC | 2:14.2 |
| 3 | 203 | Ryan Ashworth | Chorley AC & Tri | 2:17.6 |
| 4 | 2 | Noah Cook | Barrow & Furness | 2:19.7 |
| 5 | 434 | Pierce Quinn | Liverpool P & S | 2:21.7 |
| 6 | 280 | Dylan Leadsom | Lancaster & Morecambe | 2:26.7 |
| 7 | 282 | Luke Mason | Lancaster & Morecambe | 2:28.3 |
| 8 | 875 | Luke Switzer | Kendal AAC | 2:28.8 |
| 9 | 247 | Matthew Jenner | Kendal AAC | 2:29.8 |



| Under 16 Boys 1500m | | | | |
|----------------------------|-----|------------------|---------------------------|--------|
| 1 | 344 | Theo Zaboklicki | Leven Valley AC | 4:34.8 |
| 2 | 278 | Oscar Holroyd | Lancaster & Morecambe | 4:38.9 |
| 3 | 331 | Sam Fisher | Leven Valley AC | 4:41.8 |
| 4 | 893 | Harry Redhead | Warriors Pentathlon & Ath | 4:42.5 |
| 5 | 294 | Peter Talks | Lancaster & Morecambe | 5:03.8 |
| 6 | 262 | Noah Ben Mohamed | Lancaster & Morecambe | 5:09.5 |
| 7 | 718 | James Silcox | Southport Waterloo | 5:38.9 |

| Under 16 Boys 4 x 100m Relay | | | | |
|-------------------------------------|-----|--|-----------------------|------|
| 1 | 439 | | Liverpool P & S | 51.9 |
| 2 | 271 | | Lancaster & Morecambe | 52.4 |

| Under 16 Boys High Jump | | | | |
|--------------------------------|-----|------------------------|------------------------|------|
| 1 | 242 | Lucas Forrest | Kendal AAC | 1.63 |
| 2 | 439 | William Roberts | Liverpool P & S | 1.60 |
| 3 | 99 | Abdulsamad Abdulkareem | Blackpool Wyre & Fylde | 1.57 |
| 4 | 798 | Moses Wotherspoon | Wigan & District | 1.51 |
| 5 | 2 | Noah Cook | Barrow & Furness | 1.48 |
| 6 | 263 | Logan Bentley | Lancaster & Morecambe | 1.45 |
| 7 | 334 | Henry Murray | Leven Valley AC | 1.40 |

| Under 16 Boys Long Jump | | | | |
|--------------------------------|-----|------------------|------------------------|------|
| 1 | 334 | Henry Murray | Leven Valley AC | 4.78 |
| 2 | 190 | Harry Cattermole | Carlisle Aspatria AC | 4.77 |
| 3 | 868 | Noah Adedoyin | Trafford Athletic Club | 4.69 |
| 4 | 203 | Ryan Ashworth | Chorley AC & Tri | 4.50 |
| 5 | 291 | Kerr Slaughter | Lancaster & Morecambe | 4.31 |
| 6 | 55 | Zakariya Haq | Blackburn Harriers | 4.28 |
| 7 | 42 | Joshua Carrier | Blackburn Harriers | 3.94 |
| 8 | 475 | Reuben May | Lytham St Annes | 3.43 |

| Under 16 Boys Shot | | | | |
|---------------------------|-----|---------------------|-----------------------|-------|
| 1 | 756 | Samuel Hodgkinson | Wigan & District | 10.08 |
| 2 | 458 | Dominic Webb | Liverpool P & S | 9.91 |
| 3 | 5 | Charlie English | Barrow & Furness | 9.89 |
| 4 | 25 | James Acton-Grieves | Blackburn Harriers | 9.51 |
| 5 | 443 | Joseph Sarbutts | Liverpool P & S | 8.44 |
| 6 | 296 | George Waddington | Lancaster & Morecambe | 8.34 |
| 7 | 55 | Zakariya Haq | Blackburn Harriers | 8.17 |
| 8 | 281 | Harry MacLuskie | Lancaster & Morecambe | 6.96 |

| Under 16 Boys Discus | | | | |
|-----------------------------|-----|------------------------|------------------|-------|
| 1 | 736 | Louis Ball | Wigan & District | 29.45 |
| 2 | 5 | Charlie English | Barrow & Furness | 23.67 |
| 3 | 756 | Samuel Hodgkinson | Wigan & District | 22.92 |
| 4 | 798 | Moses Wotherspoon | Wigan & District | 21.45 |
| 5 | 1 | Ethan Bravery Matheson | Barrow & Furness | 19.93 |

| Under 16 Boys Javelin | | | | |
|------------------------------|-----|------------------------|------------------------|-------|
| 1 | 594 | Beau Ince | Preston Harriers | 39.11 |
| 2 | 5 | Charlie English | Barrow & Furness | 38.14 |
| 3 | 263 | Logan Bentley | Lancaster & Morecambe | 35.94 |
| 4 | 361 | Alfie Casey | Liverpool P & S | 35.88 |
| 5 | 1 | Ethan Bravery Matheson | Barrow & Furness | 35.33 |
| 6 | 55 | Zakariya Haq | Blackburn Harriers | 31.28 |
| 7 | 736 | Louis Ball | Wigan & District | 29.71 |
| 8 | 878 | Ben Eshelby | Liverpool P & S | 29.50 |
| 9 | 294 | Peter Talks | Lancaster & Morecambe | 29.34 |
| 10 | 443 | Joseph Sarbutts | Liverpool P & S | 22.60 |
| 11 | 296 | George Waddington | Lancaster & Morecambe | 22.12 |
| 12 | 99 | Abdulsamad Abdulkareem | Blackpool Wyre & Fylde | 18.43 |

| Under 16 Boys Hammer | | | | |
|-----------------------------|-----|-----------------|---------------------|-------|
| 1 | 886 | Matthew Birch | Leigh Harriers & AC | 42.96 |
| 2 | 361 | Alfie Casey | Liverpool P & S | 24.15 |
| 3 | 379 | Alexander Doyle | Liverpool P & S | 21.57 |
| 4 | 443 | Joseph Sarbutts | Liverpool P & S | 17.58 |
| 5 | 715 | Jude Rose | Southport Waterloo | 16.92 |

| Under 14 Boys 100m heat 1 Wind: 0.2 | | | | |
|--|-----|-----------------------|------------------------|------|
| 1 | 873 | Alex Smith | Blackpool Wyre & Fylde | 12.2 |
| 2 | 591 | Ruben Heath | Preston Harriers | 12.9 |
| 3 | 647 | Lucas Thompson-Amrith | Preston Harriers | 13.0 |
| 4 | 293 | Owen Stephens | Lancaster & Morecambe | 13.3 |
| 5 | 73 | Harry Mitchell | Blackburn Harriers | 14.1 |
| 6 | 759 | Elliot Hunt | Wigan & District | 14.6 |
| 7 | 451 | Saul Taylor Bromley | Liverpool P & S | 15.1 |

| Under 14 Boys 100m heat 2 Wind: 0.9 | | | | |
|--|-----|------------------|-----------------------|------|
| 1 | 590 | Alex Hatch | Preston Harriers | 14.0 |
| 2 | 219 | Oliver Holden | Chorley AC & Tri | 14.3 |
| 3 | 621 | Ashton Olakunde | Preston Harriers | 14.7 |
| 4 | 876 | Albie Hardman | Lancaster & Morecambe | 14.7 |
| 5 | 182 | James Tallentire | Bury AC | 14.9 |
| 6 | 721 | Elliot Stevens | Southport Waterloo | 15.1 |

| Under 14 Boys 100m overall | | | | |
|-----------------------------------|-----|-----------------------|------------------------|------|
| 1 | 873 | Alex Smith | Blackpool Wyre & Fylde | 12.2 |
| 2 | 591 | Ruben Heath | Preston Harriers | 12.9 |
| 3 | 647 | Lucas Thompson-Amrith | Preston Harriers | 13.0 |
| 4 | 293 | Owen Stephens | Lancaster & Morecambe | 13.3 |
| 5 | 590 | Alex Hatch | Preston Harriers | 14.0 |
| 6 | 73 | Harry Mitchell | Blackburn Harriers | 14.1 |
| 7 | 219 | Oliver Holden | Chorley AC & Tri | 14.3 |
| 8 | 759 | Elliot Hunt | Wigan & District | 14.6 |
| 9 | 621 | Ashton Olakunde | Preston Harriers | 14.7 |
| 10 | 876 | Albie Hardman | Lancaster & Morecambe | 14.7 |
| 11 | 182 | James Tallentire | Bury AC | 14.9 |
| 12 | 451 | Saul Taylor Bromley | Liverpool P & S | 15.1 |
| 13 | 721 | Elliot Stevens | Southport Waterloo | 15.1 |



| Under 14 Boys 200m heat 1 Wind: 2.5 | | | | | Under 14 Boys 1500m | | | | |
|--|-----|-----------------------|------------------------|--------|-------------------------------------|-----|--------------------|------------------------|--------|
| 1 | 591 | Ruben Heath | Preston Harriers | 26.0 | 1 | 855 | Matthew Downie | Border Harriers & AC | 4:38.9 |
| 2 | 647 | Lucas Thompson-Amrith | Preston Harriers | 27.1 | 2 | 653 | Nathaniel White | Preston Harriers | 4:42.9 |
| 3 | 705 | Matthew Ndjambula | Southport Waterloo | 27.9 | 3 | 865 | Arthur Grenfell | Settle Harriers | 5:01.6 |
| 4 | 117 | Austin Hursahye | Blackpool Wyre & Fylde | 29.1 | 4 | 147 | Alex Smialek | Burnley AC | 5:05.3 |
| 5 | 759 | Elliot Hunt | Wigan & District | 29.8 | 5 | 684 | George Hawthorn | Southport Waterloo | 5:10.2 |
| 6 | 204 | James Baker | Chorley AC & Tri | 30.8 | 6 | 56 | Ben Hawksworth | Blackburn Harriers | 5:12.0 |
| Under 14 Boys 200m heat 2 Wind: 0.9 | | | | | 7 | 285 | Jack Parrington | Lancaster & Morecambe | 5:26.4 |
| 1 | 590 | Alex Hatch | Preston Harriers | 28.4 | 8 | 721 | Elliot Stevens | Southport Waterloo | 5:28.6 |
| 2 | 621 | Ashton Olakunde | Preston Harriers | 29.5 | 9 | 589 | Ruben Harwood | Preston Harriers | 5:28.7 |
| 3 | 362 | Jack Clancy | Liverpool P & S | 29.9 | Under 14 Boys 4 x 100m Relay | | | | |
| 4 | 219 | Oliver Holden | Chorley AC & Tri | 30.2 | 1 | 647 | Preston Harriers | 53.3 | |
| 5 | 700 | Noah McNabb | Southport Waterloo | 30.4 | Under 14 Boys High Jump | | | | |
| 6 | 182 | James Tallentire | Bury AC | 30.9 | 1 | 362 | Jack Clancy | Liverpool P & S | 1.40 |
| Under 14 Boys 200m heat 3 Wind: 0.4 | | | | | 2 | 73 | Harry Mitchell | Blackburn Harriers | 1.40 |
| 1 | 873 | Alex Smith | Blackpool Wyre & Fylde | 24.8 | 3 | 293 | Owen Stephens | Lancaster & Morecambe | 1.40 |
| 2 | 293 | Owen Stephens | Lancaster & Morecambe | 27.6 | 4 | 797 | Beau Wotherspoon | Wigan & District | 1.25 |
| 3 | 147 | Alex Smialek | Burnley AC | 28.7 | Under 14 Boys Long Jump | | | | |
| 4 | 641 | Feyishomi Shodipo | Preston Harriers | 29.5 | 1 | 601 | Harrison Kingwells | Preston Harriers | 4.26 |
| 5 | 451 | Saul Taylor Bromley | Liverpool P & S | 29.9 | 2 | 590 | Alex Hatch | Preston Harriers | 4.13 |
| 6 | 684 | George Hawthorn | Southport Waterloo | 30.4 | 3 | 797 | Beau Wotherspoon | Wigan & District | 4.00 |
| Under 14 Boys 200m overall | | | | | 4 | 855 | Matthew Downie | Border Harriers & AC | 3.98 |
| 1 | 873 | Alex Smith | Blackpool Wyre & Fylde | 24.8 | 5 | 684 | George Hawthorn | Southport Waterloo | 3.80 |
| 2 | 591 | Ruben Heath | Preston Harriers | 26.0 | 6 | 876 | Albie Hardman | Lancaster & Morecambe | 3.66 |
| 3 | 647 | Lucas Thompson-Amrith | Preston Harriers | 27.1 | 7 | 621 | Ashton Olakunde | Preston Harriers | 3.62 |
| 4 | 293 | Owen Stephens | Lancaster & Morecambe | 27.6 | 8 | 700 | Noah McNabb | Southport Waterloo | 3.53 |
| 5 | 705 | Matthew Ndjambula | Southport Waterloo | 27.9 | 9 | 182 | James Tallentire | Bury AC | 3.42 |
| 6 | 590 | Alex Hatch | Preston Harriers | 28.4 | Under 14 Boys Shot | | | | |
| 7 | 147 | Alex Smialek | Burnley AC | 28.7 | 1 | 886 | Matthew Birch | Leigh Harriers & AC | 10.93 |
| 8 | 117 | Austin Hursahye | Blackpool Wyre & Fylde | 29.1 | 2 | 117 | Austin Hursahye | Blackpool Wyre & Fylde | 8.92 |
| 9 | 621 | Ashton Olakunde | Preston Harriers | 29.5 | 3 | 591 | Ruben Heath | Preston Harriers | 7.77 |
| 10 | 641 | Feyishomi Shodipo | Preston Harriers | 29.5 | 4 | 630 | Max Purnell | Preston Harriers | 7.38 |
| 11 | 759 | Elliot Hunt | Wigan & District | 29.8 | 5 | 379 | Alexander Doyle | Liverpool P & S | 7.36 |
| 12 | 362 | Jack Clancy | Liverpool P & S | 29.9 | 6 | 876 | Albie Hardman | Lancaster & Morecambe | 7.16 |
| 13 | 451 | Saul Taylor Bromley | Liverpool P & S | 29.9 | 7 | 641 | Feyishomi Shodipo | Preston Harriers | 6.80 |
| 14 | 219 | Oliver Holden | Chorley AC & Tri | 30.2 | Under 14 Boys Discus | | | | |
| 15 | 700 | Noah McNabb | Southport Waterloo | 30.4 | 1 | 669 | Samuel Byrne | Southport Waterloo | 25.03 |
| 16 | 684 | George Hawthorn | Southport Waterloo | 30.4 | 2 | 379 | Alexander Doyle | Liverpool P & S | 17.19 |
| 17 | 204 | James Baker | Chorley AC & Tri | 30.8 | 3 | 641 | Feyishomi Shodipo | Preston Harriers | 17.16 |
| 18 | 182 | James Tallentire | Bury AC | 30.9 | Under 14 Boys Javelin | | | | |
| Under 14 Boys 800m | | | | | 1 | 886 | Matthew Birch | Leigh Harriers & AC | 35.32 |
| 1 | 705 | Matthew Ndjambula | Southport Waterloo | 2:20.6 | 2 | 797 | Beau Wotherspoon | Wigan & District | 28.54 |
| 2 | 601 | Harrison Kingwells | Preston Harriers | 2:28.8 | 3 | 117 | Austin Hursahye | Blackpool Wyre & Fylde | 23.61 |
| 3 | 629 | Beau Proos-Dalton | Preston Harriers | 2:28.8 | 4 | 669 | Samuel Byrne | Southport Waterloo | 19.75 |
| 4 | 618 | Theodore Noblett | Preston Harriers | 2:31.7 | 5 | 601 | Harrison Kingwells | Preston Harriers | 16.46 |
| 5 | 362 | Jack Clancy | Liverpool P & S | 2:34.4 | | | | | |
| 6 | 401 | Thomas Howard | Liverpool P & S | 2:43.4 | | | | | |
| 7 | 741 | Ryan Catton | Wigan & District | 2:54.7 | | | | | |



| Under 12 Boys 75m heat 1 | | | | | Under 12 Boys 150m heat 2 Wind: 0.7 | | | | |
|----------------------------------|-----|------------------------|------------------------|------|--|-----|------------------------|--------------------------|------|
| 1 | 103 | Jamie Brown | Blackpool Wyre & Fylde | 11.4 | 1 | 592 | Max Holden | Preston Harriers | 22.4 |
| 2 | 338 | Elliot Scanlon | Leven Valley AC | 12.2 | 2 | 381 | William Elliott | Liverpool P & S | 22.6 |
| 3 | 617 | Cameron Myerscough | Preston Harriers | 12.3 | 3 | 330 | Toby Coward | Leven Valley AC | 22.8 |
| 4 | 218 | Noah Hendry | Chorley AC & Tri | 13.1 | 4 | 104 | Alfie Cobb | Blackpool Wyre & Fylde | 23.6 |
| 5 | 277 | Jake Holroyd | Lancaster & Morecambe | 13.1 | 5 | 81 | Harris Rawlinson | Blackburn Harriers | 24.0 |
| 6 | 183 | Finlay Thompson | Bury AC | 13.3 | 6 | 174 | Findley McCallum | Bury AC | 24.3 |
| 7 | 474 | Arthur May | Lytham St Annes | 13.3 | 7 | 883 | Oliver Knight | Bolton United Harriers & | 26.7 |
| Under 12 Boys 75m heat 2 | | | | | Under 12 Boys 150m heat 3 Wind: 2.1 | | | | |
| 1 | 592 | Max Holden | Preston Harriers | 11.1 | 1 | 392 | Jude Gregg | Liverpool P & S | 22.4 |
| 2 | 374 | Cian Critchley | Liverpool P & S | 11.1 | 2 | 640 | Toby Sergeant | Preston Harriers | 23.3 |
| 3 | 104 | Alfie Cobb | Blackpool Wyre & Fylde | 11.3 | 3 | 357 | Alexander Burnhill | Liverpool P & S | 24.9 |
| 4 | 635 | Edward Rose | Preston Harriers | 11.5 | 4 | 161 | Zachary Entwistle | Bury AC | 24.9 |
| 5 | 640 | Toby Sergeant | Preston Harriers | 11.8 | 5 | 872 | Ernie Chetwyn | Blackburn Harriers | 25.2 |
| 6 | 357 | Alexander Burnhill | Liverpool P & S | 12.2 | 6 | 88 | Arthur Siggs | Blackburn Harriers | 26.3 |
| | | | | | 7 | 474 | Arthur May | Lytham St Annes | 27.0 |
| Under 12 Boys 75m heat 3 | | | | | Under 12 Boys 150m heat 4 | | | | |
| 1 | 622 | Zachary Olorenshaw | Preston Harriers | 11.1 | 1 | 196 | Henry Hughes | Carlisle Aspatria AC | 22.4 |
| 2 | 392 | Jude Gregg | Liverpool P & S | 11.3 | 2 | 103 | Jamie Brown | Blackpool Wyre & Fylde | 23.0 |
| 3 | 125 | Riley Russell | Blackpool Wyre & Fylde | 11.3 | 3 | 605 | Fraser MacKie | Preston Harriers | 25.1 |
| 4 | 464 | Harley Wooldridge | Liverpool P & S | 11.9 | 4 | 300 | Luke Yates | Lancaster & Morecambe | 25.6 |
| 5 | 363 | Samuel Clancy | Liverpool P & S | 12.5 | 5 | 845 | Oliver Perkins | Lancaster & Morecambe | 25.8 |
| 6 | 624 | Joseph Parker | Preston Harriers | 15.3 | | | | | |
| Under 12 Boys 75m overall | | | | | Under 12 Boys 150m overall | | | | |
| 1 | 592 | Max Holden | Preston Harriers | 11.1 | 1 | 567 | William Woodruff | Preston Harriers | 21.9 |
| 2 | 374 | Cian Critchley | Liverpool P & S | 11.1 | 2 | 622 | Zachary Olorenshaw | Preston Harriers | 22.1 |
| 3 | 622 | Zachary Olorenshaw | Preston Harriers | 11.1 | 3 | 417 | Luka McGlone | Liverpool P & S | 22.4 |
| 4 | 104 | Alfie Cobb | Blackpool Wyre & Fylde | 11.3 | 4 | 592 | Max Holden | Preston Harriers | 22.4 |
| 5 | 392 | Jude Gregg | Liverpool P & S | 11.3 | 5 | 392 | Jude Gregg | Liverpool P & S | 22.4 |
| 6 | 125 | Riley Russell | Blackpool Wyre & Fylde | 11.3 | 6 | 196 | Henry Hughes | Carlisle Aspatria AC | 22.4 |
| 7 | 103 | Jamie Brown | Blackpool Wyre & Fylde | 11.4 | 7 | 381 | William Elliott | Liverpool P & S | 22.6 |
| 8 | 635 | Edward Rose | Preston Harriers | 11.5 | 8 | 374 | Cian Critchley | Liverpool P & S | 22.8 |
| 9 | 640 | Toby Sergeant | Preston Harriers | 11.8 | 9 | 330 | Toby Coward | Leven Valley AC | 22.8 |
| 10 | 464 | Harley Wooldridge | Liverpool P & S | 11.9 | 10 | 103 | Jamie Brown | Blackpool Wyre & Fylde | 23.0 |
| 11 | 338 | Elliot Scanlon | Leven Valley AC | 12.2 | 11 | 85 | Hugh Russell-Blackburn | Blackburn Harriers | 23.1 |
| 12 | 357 | Alexander Burnhill | Liverpool P & S | 12.2 | 12 | 125 | Riley Russell | Blackpool Wyre & Fylde | 23.3 |
| 13 | 617 | Cameron Myerscough | Preston Harriers | 12.3 | 13 | 640 | Toby Sergeant | Preston Harriers | 23.3 |
| 14 | 363 | Samuel Clancy | Liverpool P & S | 12.5 | 14 | ?? | | | 23.4 |
| 15 | 218 | Noah Hendry | Chorley AC & Tri | 13.1 | 15 | 104 | Alfie Cobb | Blackpool Wyre & Fylde | 23.6 |
| 16 | 277 | Jake Holroyd | Lancaster & Morecambe | 13.1 | 16 | 81 | Harris Rawlinson | Blackburn Harriers | 24.0 |
| 17 | 183 | Finlay Thompson | Bury AC | 13.3 | 17 | 174 | Findley McCallum | Bury AC | 24.3 |
| 18 | 474 | Arthur May | Lytham St Annes | 13.3 | 18 | 357 | Alexander Burnhill | Liverpool P & S | 24.9 |
| 19 | 624 | Joseph Parker | Preston Harriers | 15.3 | 19 | 161 | Zachary Entwistle | Bury AC | 24.9 |
| | | | | | 20 | 605 | Fraser MacKie | Preston Harriers | 25.1 |
| Under 12 Boys 150m heat 1 | | | | | 21 | 872 | Ernie Chetwyn | Blackburn Harriers | 25.2 |
| 1 | 567 | William Woodruff | Preston Harriers | 21.9 | 22 | 300 | Luke Yates | Lancaster & Morecambe | 25.6 |
| 2 | 622 | Zachary Olorenshaw | Preston Harriers | 22.1 | 23 | 845 | Oliver Perkins | Lancaster & Morecambe | 25.8 |
| 3 | 417 | Luka McGlone | Liverpool P & S | 22.4 | 24 | 88 | Arthur Siggs | Blackburn Harriers | 26.3 |
| 4 | 374 | Cian Critchley | Liverpool P & S | 22.8 | 25 | 883 | Oliver Knight (NC) | Bolton United Harriers & | 26.7 |
| 5 | 85 | Hugh Russell-Blackburn | Blackburn Harriers | 23.1 | 26 | 474 | Arthur May | Lytham St Annes | 27.0 |
| 6 | 125 | Riley Russell | Blackpool Wyre & Fylde | 23.3 | | | | | |
| 7 | ?? | | | 23.4 | | | | | |



Under 12 Boys 600m heat 1

| | | | | | | |
|---|-----|------------------|--------------------------|--------|--|--|
| 1 | 109 | Dexter Edwards | Blackpool Wyre & Fylde | 1:48.4 | | |
| 2 | 567 | William Woodruff | Preston Harriers | 1:51.9 | | |
| 3 | 381 | William Elliott | Liverpool P & S | 1:53.9 | | |
| 4 | 330 | Toby Coward | Leven Valley AC | 1:55.7 | | |
| 5 | 635 | Edward Rose | Preston Harriers | 1:57.5 | | |
| 6 | 81 | Harris Rawlinson | Blackburn Harriers | 2:07.1 | | |
| 7 | 218 | Noah Hendry | Chorley AC & Tri | 2:11.5 | | |
| 8 | 338 | Elliot Scanlon | Leven Valley AC | 2:15.0 | | |
| 9 | 883 | Oliver Knight | Bolton United Harriers & | 2:18.0 | | |

Under 12 Boys Long Jump

| | | | | | | |
|----|-----|--------------------|--------------------------|------|--|--|
| 1 | 103 | Jamie Brown | Blackpool Wyre & Fylde | 4.08 | | |
| 2 | 592 | Max Holden | Preston Harriers | 3.86 | | |
| 3 | 464 | Harley Wooldridge | Liverpool P & S | 3.75 | | |
| 4 | 374 | Cian Critchley | Liverpool P & S | 3.66 | | |
| 5 | 295 | Oscar Timperley | Lancaster & Morecambe | 3.45 | | |
| 6 | 125 | Riley Russell | Blackpool Wyre & Fylde | 3.40 | | |
| 7 | 640 | Toby Sergeant | Preston Harriers | 3.30 | | |
| 8 | 417 | Luka McGlone | Liverpool P & S | 3.24 | | |
| 9 | 174 | Findley McCallum | Bury AC | 3.19 | | |
| 10 | 357 | Alexander Burnhill | Liverpool P & S | 3.02 | | |
| 11 | 392 | Jude Gregg | Liverpool P & S | 2.98 | | |
| 12 | 605 | Fraser MacKie | Preston Harriers | 2.96 | | |
| 13 | 845 | Oliver Perkins | Lancaster & Morecambe | 2.93 | | |
| 14 | 277 | Jake Holroyd | Lancaster & Morecambe | 2.76 | | |
| 15 | 161 | Zachary Entwistle | Bury AC | 2.65 | | |
| 16 | 218 | Noah Hendry | Chorley AC & Tri | 2.61 | | |
| 17 | 183 | Finlay Thompson | Bury AC | 2.57 | | |
| 18 | 883 | Oliver Knight | Bolton United Harriers & | 2.51 | | |
| 19 | 381 | William Elliott | Liverpool P & S | 2.48 | | |
| 20 | 300 | Luke Yates | Lancaster & Morecambe | 2.31 | | |
| 21 | 624 | Joseph Parker | Preston Harriers | 1.78 | | |

Under 12 Boys 600m heat 2

| | | | | | | |
|----|-----|------------------------|------------------------|--------|--|--|
| 1 | 237 | Jacob Bagshaw | Kendal AAC | 1:48.8 | | |
| 2 | 417 | Luka McGlone | Liverpool P & S | 1:51.3 | | |
| 3 | 105 | Rio Cobb | Blackpool Wyre & Fylde | 1:51.4 | | |
| 4 | 85 | Hugh Russell-Blackburn | Blackburn Harriers | 1:58.1 | | |
| 5 | 174 | Findley McCallum | Bury AC | 2:06.3 | | |
| 6 | 104 | Alfie Cobb | Blackpool Wyre & Fylde | 2:08.4 | | |
| 7 | 605 | Fraser MacKie | Preston Harriers | 2:10.3 | | |
| 8 | 183 | Finlay Thompson | Bury AC | 2:13.8 | | |
| 9 | 161 | Zachary Entwistle | Bury AC | 2:32.7 | | |
| 10 | 575 | Logan Child | Preston Harriers | 2:45.4 | | |

Under 12 Boys 600m overall

| | | | | | | |
|----|-----|------------------------|--------------------------|--------|--|--|
| 1 | 109 | Dexter Edwards | Blackpool Wyre & Fylde | 1:48.4 | | |
| 2 | 237 | Jacob Bagshaw | Kendal AAC | 1:48.8 | | |
| 3 | 417 | Luka McGlone | Liverpool P & S | 1:51.3 | | |
| 4 | 105 | Rio Cobb | Blackpool Wyre & Fylde | 1:51.4 | | |
| 5 | 567 | William Woodruff | Preston Harriers | 1:51.9 | | |
| 6 | 381 | William Elliott | Liverpool P & S | 1:53.9 | | |
| 7 | 330 | Toby Coward | Leven Valley AC | 1:55.7 | | |
| 8 | 635 | Edward Rose | Preston Harriers | 1:57.5 | | |
| 9 | 85 | Hugh Russell-Blackburn | Blackburn Harriers | 1:58.1 | | |
| 10 | 174 | Findley McCallum | Bury AC | 2:06.3 | | |
| 11 | 81 | Harris Rawlinson | Blackburn Harriers | 2:07.1 | | |
| 12 | 104 | Alfie Cobb | Blackpool Wyre & Fylde | 2:08.4 | | |
| 13 | 605 | Fraser MacKie | Preston Harriers | 2:10.3 | | |
| 14 | 218 | Noah Hendry | Chorley AC & Tri | 2:11.5 | | |
| 15 | 183 | Finlay Thompson | Bury AC | 2:13.8 | | |
| 16 | 338 | Elliot Scanlon | Leven Valley AC | 2:15.0 | | |
| 17 | 883 | Oliver Knight (NC) | Bolton United Harriers & | 2:18.0 | | |
| 18 | 161 | Zachary Entwistle | Bury AC | 2:32.7 | | |
| 19 | 575 | Logan Child | Preston Harriers | 2:45.4 | | |

Under 12 Boys Shot

| | | | | | | |
|---|-----|--------------------|----------------------|------|--|--|
| 1 | 799 | Elliott Wright | Wigan & District | 6.77 | | |
| 2 | 196 | Henry Hughes | Carlisle Aspatria AC | 6.21 | | |
| 3 | 617 | Cameron Myerscough | Preston Harriers | 5.59 | | |
| 4 | 174 | Findley McCallum | Bury AC | 3.42 | | |
| 5 | 474 | Arthur May | Lytham St Annes | 3.12 | | |

Under 12 Boys Javelin

| | | | | | | |
|---|-----|--------------------|-----------------------|-------|--|--|
| 1 | 196 | Henry Hughes | Carlisle Aspatria AC | 23.05 | | |
| 2 | 183 | Finlay Thompson | Bury AC | 15.18 | | |
| 3 | 617 | Cameron Myerscough | Preston Harriers | 15.05 | | |
| 4 | 300 | Luke Yates | Lancaster & Morecambe | 10.85 | | |
| 5 | 464 | Harley Wooldridge | Liverpool P & S | 10.68 | | |
| 6 | 575 | Logan Child | Preston Harriers | 9.57 | | |
| 7 | 277 | Jake Holroyd | Lancaster & Morecambe | 6.16 | | |

Senior Women 100m

| | | | | | | |
|---|-----|--------------------|------------------|------|--|--|
| 1 | 524 | Freya Darbyshire | Preston Harriers | 13.6 | | |
| 2 | 722 | Hannah Wotherspoon | Wigan & District | 14.1 | | |
| 3 | 331 | Maisie Brown | Lancaster Uni | 14.4 | | |
| 4 | 787 | Oluwatobi Aderoju | Lancaster Uni | 14.9 | | |
| 5 | 511 | Ravinder Amrith | Preston Harriers | 15.3 | | |
| 6 | 378 | Katherine Clancy | Liverpool P & S | 18.3 | | |
| 7 | 379 | Pauline Clancy | Liverpool P & S | 20.1 | | |

Under 12 Boys 4 x 100m Relay

| | | | | | | |
|---|-----|--|------------------|------|--|--|
| 1 | 374 | | Liverpool P & S | 60.8 | | |
| 2 | 622 | | Preston Harriers | 61.0 | | |

Senior Women 200m

| | | | | | | |
|---|-----|---------------------|------------------------|------|--|--|
| 1 | 524 | Freya Darbyshire | Preston Harriers | 27.7 | | |
| 2 | 331 | Maisie Brown | Lancaster Uni | 28.8 | | |
| 3 | 131 | Katie Longbottom | Blackpool Wyre & Fylde | 32.1 | | |
| 4 | 511 | Ravinder Amrith | Preston Harriers | 33.3 | | |
| 5 | 193 | Afroditi Kalambouka | Bury AC | 39.4 | | |



| Senior Women 400m | | | | |
|------------------------------------|-----|---------------------------|------------------------|---------|
| 1 | 331 | Maisie Brown | Lancaster Uni | 67.2 |
| 2 | 722 | Hannah Wotherspoon | Wigan & District | 69.9 |
| 3 | 489 | Alina Stepanchuk | Northern Masters AC | 70.1 |
| Senior Women 800m | | | | |
| 1 | 14 | Daisy Palmer | Barrow & Furness | 2:33.4 |
| 2 | 788 | Alice Tolley | Lancaster Uni | 2:34.9 |
| 3 | 489 | Alina Stepanchuk | Northern Masters AC | 2:39.3 |
| 4 | 360 | Joanne Taylor-Friell | Leven Valley AC | 2:46.4 |
| Senior Women 1500m | | | | |
| 1 | 348 | Martha Wood | Lancaster Uni | 4:52.1 |
| 2 | 248 | Laura Livesey-Butterfield | Chorley AC & Tri | 5:19.5 |
| 3 | 623 | Emily Dean | Southport Waterloo | 5:21.8 |
| 4 | 339 | Amy Heaton | Lancaster Uni | 5:53.8 |
| 5 | 345 | Charlotte Selby | Lancaster Uni | 5:57.6 |
| 6 | 485 | Rebecca Mills | Northern Masters AC | 6:06.8 |
| 7 | 391 | Michelle Durney | Liverpool P & S | 7:08.0 |
| 8 | 596 | Julie Tyrer | Preston Harriers | 7:37.5 |
| Senior Women 3000m | | | | |
| 1 | 338 | Ella Headland | Lancaster Uni | 11:43.9 |
| 2 | 343 | Eve Oxenbury | Lancaster Uni | 11:47.7 |
| 3 | 345 | Charlotte Selby | Lancaster Uni | 12:17.2 |
| 4 | 485 | Rebecca Mills | Northern Masters AC | 12:59.8 |
| 5 | 596 | Julie Tyrer | Preston Harriers | 15:39.5 |
| Senior Women 4 x 100m Relay | | | | |
| 1 | 687 | | Wigan & District | 66.4 |
| 2 | 378 | | Liverpool P & S | 77.4 |
| Senior Women Long Jump | | | | |
| 1 | 722 | Hannah Wotherspoon | Wigan & District | 4.35 |
| 2 | 703 | Sarah Ormshaw | Wigan & District | 3.31 |
| 3 | 378 | Katherine Clancy | Liverpool P & S | 3.16 |
| 4 | 193 | Afroditi Kalambouka | Bury AC | 2.96 |
| Senior Women Shot | | | | |
| 1 | 662 | Yasmin Baker | Wigan & District | 13.16 |
| 2 | 149 | Nia Rutter | Blackpool Wyre & Fylde | 11.31 |
| 3 | 687 | Rebekah Hopper | Wigan & District | 10.19 |
| 4 | 147 | Gracie Rutter | Blackpool Wyre & Fylde | 8.90 |
| 5 | 790 | Phoebe Milburn | Liverpool P & S | 8.38 |
| 6 | 787 | Oluwatobi Aderoju | Lancaster Uni | 8.00 |
| 7 | 440 | Holly Ware | Liverpool P & S | 7.73 |
| 8 | 148 | Marcia Rutter | Blackpool Wyre & Fylde | 7.49 |
| 9 | 160 | Helen Ruth Goodwill | Burnley AC | 6.34 |
| Senior Women Discus | | | | |
| 1 | 687 | Rebekah Hopper | Wigan & District | 36.45 |
| 2 | 544 | Caitlin Hornby | Preston Harriers | 26.52 |
| 3 | 662 | Yasmin Baker | Wigan & District | 25.90 |
| 4 | 787 | Oluwatobi Aderoju | Lancaster Uni | 25.72 |
| 5 | 795 | Sky Lewis | Elswick Harriers | 25.49 |
| 6 | 160 | Helen Ruth Goodwill | Burnley AC | 19.81 |
| 7 | 147 | Gracie Rutter | Blackpool Wyre & Fylde | 19.44 |
| 8 | 492 | Lynn Baker | Pendle AC | 17.81 |
| 9 | 148 | Marcia Rutter | Blackpool Wyre & Fylde | 13.27 |

| Senior Women Javelin | | | | |
|-----------------------------------|-----|---------------------|--------------------------|---------|
| 1 | 687 | Rebekah Hopper | Wigan & District | 30.75 |
| 2 | 149 | Nia Rutter | Blackpool Wyre & Fylde | 23.20 |
| 3 | 440 | Holly Ware | Liverpool P & S | 21.07 |
| 4 | 790 | Phoebe Milburn | Liverpool P & S | 20.46 |
| 5 | 703 | Sarah Ormshaw | Wigan & District | 16.84 |
| 6 | 492 | Lynn Baker | Pendle AC | 14.18 |
| 7 | 113 | Michelle Beard | Blackpool Wyre & Fylde | 13.74 |
| 8 | 193 | Afroditi Kalambouka | Bury AC | 11.98 |
| 9 | 596 | Julie Tyrer | Preston Harriers | 8.90 |
| Senior Women Hammer | | | | |
| 1 | 790 | Phoebe Milburn | Liverpool P & S | 45.99 |
| 2 | 544 | Caitlin Hornby | Preston Harriers | 38.71 |
| 3 | 148 | Marcia Rutter | Blackpool Wyre & Fylde | 32.13 |
| 4 | 440 | Holly Ware | Liverpool P & S | 29.81 |
| 5 | 149 | Nia Rutter | Blackpool Wyre & Fylde | 29.29 |
| 6 | 795 | Sky Lewis | Elswick Harriers | 28.77 |
| 7 | 113 | Michelle Beard | Blackpool Wyre & Fylde | 22.70 |
| 8 | 160 | Helen Ruth Goodwill | Burnley AC | 19.73 |
| 9 | 147 | Gracie Rutter | Blackpool Wyre & Fylde | 18.30 |
| 10 | 492 | Lynn Baker | Pendle AC | 15.99 |
| Under 18 Women 100m | | | | |
| 1 | 682 | Kady Hall | Wigan & District | 13.3 |
| 2 | 699 | Elaine Ncube | Wigan & District | 13.5 |
| 3 | 725 | Elah Berry | Hyndburn AC | 13.6 |
| 4 | 320 | Isla Roberts | Lancaster & Morecambe | 13.7 |
| Under 18 Women 200m | | | | |
| 1 | 682 | Kady Hall | Wigan & District | 27.5 |
| 2 | 699 | Elaine Ncube | Wigan & District | 28.6 |
| Under 18 Women 1500m | | | | |
| 1 | 667 | Katie Bonner | Wigan & District | 5:29.9 |
| Under 18 Women 3000m | | | | |
| 1 | 804 | Caitlin Wetters | Sale Harriers Manchester | 11:23.4 |
| 2 | 802 | Beau Rawcliffe | Liverpool Harriers & AC | 11:36.1 |
| Under 18 Women High Jump | | | | |
| 1 | 320 | Isla Roberts | Lancaster & Morecambe | 1.45 |
| Under 18 Women Triple Jump | | | | |
| 1 | 320 | Isla Roberts | Lancaster & Morecambe | 10.17 |
| 2 | 796 | Rae Vaughan | Leigh Harriers & AC | 9.50 |
| Under 18 Women Hammer | | | | |
| 1 | 398 | Isabelle Grayson | Liverpool P & S | 29.93 |
| Under 16 Girls 100m heat 1 | | | | |
| 1 | 792 | Chloe Gildea | Preston Harriers | 13.5 |
| 2 | 577 | Isabella Pace | Preston Harriers | 13.5 |
| 3 | 312 | Isabella Ingham | Lancaster & Morecambe | 14.1 |
| 4 | 181 | Lydia Catz | Bury AC | 14.4 |
| 5 | 49 | Seren Gooden | Blackburn Harriers | 14.8 |
| 6 | 618 | Melissa Cameron | Southport Waterloo | 15.4 |



| Under 16 Girls 100m heat 2 | | | | | |
|---|-----|----------------------------|-------------------------|--------|--|
| 1 | 218 | Amy Johnstone | Carlisle Aspatria AC | 12.5 | |
| 2 | 153 | Hannah Wallwork | Blackpool Wyre & Fylde | 13.3 | |
| 3 | 119 | Emily Clarkson | Blackpool Wyre & Fylde | 13.4 | |
| 4 | 140 | Isla Orwin | Blackpool Wyre & Fylde | 13.7 | |
| 5 | 157 | Dolly Zawistowicz-Williams | Blackpool Wyre & Fylde | 13.8 | |
| Under 16 Girls 100m overall | | | | | |
| 1 | 218 | Amy Johnstone | Carlisle Aspatria AC | 12.5 | |
| 2 | 153 | Hannah Wallwork | Blackpool Wyre & Fylde | 13.3 | |
| 3 | 119 | Emily Clarkson | Blackpool Wyre & Fylde | 13.4 | |
| 4 | 792 | Chloe Gildea | Preston Harriers | 13.5 | |
| 5 | 577 | Isabella Pace | Preston Harriers | 13.5 | |
| 6 | 140 | Isla Orwin | Blackpool Wyre & Fylde | 13.7 | |
| 7 | 157 | Dolly Zawistowicz-Williams | Blackpool Wyre & Fylde | 13.8 | |
| 8 | 312 | Isabella Ingham | Lancaster & Morecambe | 14.1 | |
| 9 | 181 | Lydia Catz | Bury AC | 14.4 | |
| 10 | 49 | Seren Gooden | Blackburn Harriers | 14.8 | |
| 11 | 618 | Melissa Cameron | Southport Waterloo | 15.4 | |
| Under 16 Girls 200m heat 1 Wind: 1.8 | | | | | |
| 1 | 218 | Amy Johnstone | Carlisle Aspatria AC | 25.0 | |
| 2 | 119 | Emily Clarkson | Blackpool Wyre & Fylde | 27.3 | |
| 3 | 792 | Chloe Gildea | Preston Harriers | 28.6 | |
| 4 | 299 | Sophie Brownsmith | Lancaster & Morecambe | 29.2 | |
| 5 | 45 | Eliza Garcia | Blackburn Harriers | 29.6 | |
| 6 | 738 | Imogen Ives | Hyndburn AC | 30.6 | |
| 7 | 250 | Elizabeth McLaren | Chorley AC & Tri | 33.3 | |
| Under 16 Girls 200m heat 2 | | | | | |
| 1 | 140 | Isla Orwin | Blackpool Wyre & Fylde | 27.5 | |
| 2 | 153 | Hannah Wallwork | Blackpool Wyre & Fylde | 27.8 | |
| 3 | 157 | Dolly Zawistowicz-Williams | Blackpool Wyre & Fylde | 28.3 | |
| 4 | 609 | Yasmin Winstanley | Preston Harriers | 29.3 | |
| 5 | 181 | Lydia Catz | Bury AC | 29.4 | |
| 6 | 680 | Isabella Foxton | Wigan & District | 30.0 | |
| Under 16 Girls 200m overall | | | | | |
| 1 | 218 | Amy Johnstone | Carlisle Aspatria AC | 25.0 | |
| 2 | 119 | Emily Clarkson | Blackpool Wyre & Fylde | 27.3 | |
| 3 | 140 | Isla Orwin | Blackpool Wyre & Fylde | 27.5 | |
| 4 | 153 | Hannah Wallwork | Blackpool Wyre & Fylde | 27.8 | |
| 5 | 157 | Dolly Zawistowicz-Williams | Blackpool Wyre & Fylde | 28.3 | |
| 6 | 792 | Chloe Gildea | Preston Harriers | 28.6 | |
| 7 | 299 | Sophie Brownsmith | Lancaster & Morecambe | 29.2 | |
| 8 | 609 | Yasmin Winstanley | Preston Harriers | 29.3 | |
| 9 | 181 | Lydia Catz | Bury AC | 29.4 | |
| 10 | 45 | Eliza Garcia | Blackburn Harriers | 29.6 | |
| 11 | 680 | Isabella Foxton | Wigan & District | 30.0 | |
| 12 | 738 | Imogen Ives | Hyndburn AC | 30.6 | |
| 13 | 250 | Elizabeth McLaren | Chorley AC & Tri | 33.3 | |
| Under 16 Girls 300m heat 1 | | | | | |
| 1 | 144 | Charlotte Robbins | Blackpool Wyre & Fylde | 45.9 | |
| 2 | 299 | Sophie Brownsmith | Lancaster & Morecambe | 46.4 | |
| 3 | 738 | Imogen Ives | Hyndburn AC | 47.2 | |
| 4 | 368 | Lucy Armstrong | Liverpool P & S | 47.5 | |
| 5 | 704 | Emily Pennington | Wigan & District | 48.7 | |
| 6 | 247 | Jennifer Littler | Chorley AC & Tri | 56.5 | |
| Under 16 Girls 300m heat 2 | | | | | |
| 1 | 146 | Esme Rutter | Blackpool Wyre & Fylde | 42.9 | |
| 2 | 95 | Rebecca Rowlings | Blackburn Harriers | 48.7 | |
| 3 | 138 | Lily-rose McMinnis | Blackpool Wyre & Fylde | 50.5 | |
| 4 | 683 | Grace Harris | Wigan & District | 51.9 | |
| 5 | 764 | Sophia Whittaker | Kirkby Milers AC | 52.4 | |
| 6 | 250 | Elizabeth McLaren | Chorley AC & Tri | 56.2 | |
| Under 16 Girls 300m overall | | | | | |
| 1 | 146 | Esme Rutter | Blackpool Wyre & Fylde | 42.9 | |
| 2 | 144 | Charlotte Robbins | Blackpool Wyre & Fylde | 45.9 | |
| 3 | 299 | Sophie Brownsmith | Lancaster & Morecambe | 46.4 | |
| 4 | 738 | Imogen Ives | Hyndburn AC | 47.2 | |
| 5 | 368 | Lucy Armstrong | Liverpool P & S | 47.5 | |
| 6 | 704 | Emily Pennington | Wigan & District | 48.7 | |
| 7 | 95 | Rebecca Rowlings | Blackburn Harriers | 48.7 | |
| 8 | 138 | Lily-rose McMinnis | Blackpool Wyre & Fylde | 50.5 | |
| 9 | 683 | Grace Harris | Wigan & District | 51.9 | |
| 10 | 764 | Sophia Whittaker | Kirkby Milers AC | 52.4 | |
| 11 | 250 | Elizabeth McLaren | Chorley AC & Tri | 56.2 | |
| 12 | 247 | Jennifer Littler | Chorley AC & Tri | 56.5 | |
| Under 16 Girls 800m | | | | | |
| 1 | 801 | Isabella Parry | Liverpool Harriers & AC | 2:24.3 | |
| 2 | 351 | Katelyn Douglas | Leven Valley AC | 2:28.0 | |
| 3 | 144 | Charlotte Robbins | Blackpool Wyre & Fylde | 2:32.4 | |
| 4 | 368 | Lucy Armstrong | Liverpool P & S | 2:38.3 | |
| 5 | 625 | Phoebe-rose Devlin | Southport Waterloo | 2:39.0 | |
| 6 | 354 | Imogen Moore | Leven Valley AC | 2:40.0 | |
| 7 | 216 | Lydia Worsley | Bury AC | 2:46.5 | |
| 8 | 764 | Sophia Whittaker | Kirkby Milers AC | 2:48.6 | |
| 9 | 138 | Lily-rose McMinnis | Blackpool Wyre & Fylde | 2:51.1 | |
| 10 | 327 | Sofia Ann Winterbottom | Lancaster & Morecambe | 2:51.7 | |
| 11 | 683 | Grace Harris | Wigan & District | 2:52.2 | |
| 12 | 297 | Alice Briffett | Lancaster & Morecambe | 2:53.1 | |
| 13 | 618 | Melissa Cameron | Southport Waterloo | 2:53.4 | |
| 14 | 116 | Abigail Cameron | Blackpool Wyre & Fylde | 2:58.2 | |
| Under 16 Girls 1500m | | | | | |
| 1 | 696 | Katie-louise Malley | Wigan & District | 5:09.3 | |
| 2 | 324 | Sienna Thorley | Lancaster & Morecambe | 5:14.0 | |
| 3 | 654 | Lauren Silcox | Southport Waterloo | 5:20.8 | |
| 4 | 594 | Elsa Thomson | Preston Harriers | 5:28.9 | |
| 5 | 565 | Lucy Mitchell | Preston Harriers | 5:30.2 | |
| 6 | 353 | Mia Griffiths | Leven Valley AC | 5:39.0 | |
| Under 16 Girls 4 x 100m Relay | | | | | |
| 1 | 299 | | Lancaster & Morecambe | 57.2 | |



| Under 16 Girls High Jump | | | | | Under 14 Girls 100m heat 2 | | | | |
|-----------------------------------|-----|----------------------------|------------------------|-------|---|-----|------------------------|------------------------|------|
| 1 | 532 | Kara Giddins | Preston Harriers | 1.56 | 1 | 202 | Matilda Nott | Bury AC | 12.9 |
| 2 | 146 | Esme Rutter | Blackpool Wyre & Fylde | 1.56 | 2 | 561 | Orla-rose McLaughlin | Preston Harriers | 14.1 |
| 3 | 582 | Sophie Rigby | Preston Harriers | 1.53 | 3 | 143 | Lacey Regan | Blackpool Wyre & Fylde | 14.3 |
| 4 | 796 | Rae Vaughan | Leigh Harriers & AC | 1.35 | 4 | 289 | Jessica Ramsey | Kendal AAC | 14.3 |
| 5 | 704 | Emily Pennington | Wigan & District | 1.25 | 5 | 459 | Freya Clunie | Millom | 15.1 |
| Under 16 Girls Long Jump | | | | | 6 | 48 | India Gooden | Blackburn Harriers | 15.5 |
| 1 | 218 | Amy Johnstone | Carlisle Aspatria AC | 4.95 | 7 | 265 | Jessica Wood | Chorley AC & Tri | 15.8 |
| 2 | 532 | Kara Giddins | Preston Harriers | 4.64 | Under 14 Girls 100m heat 3 Wind: 1.3 | | | | |
| 3 | 157 | Dolly Zawistowicz-Williams | Blackpool Wyre & Fylde | 4.32 | 1 | 177 | Nancy Blain | Bury AC | 13.5 |
| 4 | 119 | Emily Clarkson | Blackpool Wyre & Fylde | 4.24 | 2 | 514 | Lucy Bamber | Preston Harriers | 13.7 |
| 5 | 153 | Hannah Wallwork | Blackpool Wyre & Fylde | 4.20 | 3 | 543 | Darcie Holt | Preston Harriers | 13.7 |
| 6 | 140 | Isla Orwin | Blackpool Wyre & Fylde | 4.10 | 4 | 135 | Adleigh McCunnell | Blackpool Wyre & Fylde | 13.8 |
| 7 | 618 | Melissa Cameron | Southport Waterloo | 3.83 | 5 | 285 | Izzy Leigh | Kendal AAC | 14.6 |
| 8 | 324 | Sienna Thorley | Lancaster & Morecambe | 3.70 | 6 | 358 | Isabella Scanlon | Leven Valley AC | 15.2 |
| 9 | 309 | Olivia Hemingway | Lancaster & Morecambe | 3.14 | 7 | 235 | Faith Hogan | Chorley AC & Tri | 15.8 |
| Under 16 Girls Shot | | | | | Under 14 Girls 100m heat 4 | | | | |
| 1 | 62 | Dana Juma | Blackburn Harriers | 10.48 | 1 | 546 | Phoebe Hoyle | Preston Harriers | 13.9 |
| 2 | 81 | Madeline Partridge | Blackburn Harriers | 9.80 | 2 | 213 | Emily Urquhart | Bury AC | 14.2 |
| 3 | 20 | Marika Behnke | Blackburn Harriers | 8.57 | 3 | 130 | Grace Kirkham | Blackpool Wyre & Fylde | 14.3 |
| 4 | 364 | Poppy Abraham | Liverpool P & S | 8.25 | 4 | 518 | Amaya Carruthers | Preston Harriers | 16.3 |
| 5 | 271 | Alice Brown | Kendal AAC | 8.22 | 5 | 269 | Rosie Beaton | Kendal AAC | 16.8 |
| 6 | 146 | Esme Rutter | Blackpool Wyre & Fylde | 8.11 | 6 | 556 | Ayaanah Lulat | Preston Harriers | 18.2 |
| 7 | 312 | Isabella Ingham | Lancaster & Morecambe | 6.88 | Under 14 Girls 100m overall | | | | |
| 8 | 128 | Sophie Hopeng | Blackpool Wyre & Fylde | 6.85 | 1 | 202 | Matilda Nott | Bury AC | 12.9 |
| 9 | 138 | Lily-rose McMinnis | Blackpool Wyre & Fylde | 6.33 | 2 | 463 | Beth Hodgson | Millom | 13.5 |
| 10 | 297 | Alice Briffett | Lancaster & Morecambe | 5.42 | 3 | 177 | Nancy Blain | Bury AC | 13.5 |
| 11 | 327 | Sofia Ann Winterbottom | Lancaster & Morecambe | 5.37 | 4 | 514 | Lucy Bamber | Preston Harriers | 13.7 |
| Under 16 Girls Discus | | | | | 5 | 543 | Darcie Holt | Preston Harriers | 13.7 |
| 1 | 81 | Madeline Partridge | Blackburn Harriers | 33.44 | 6 | 135 | Adleigh McCunnell | Blackpool Wyre & Fylde | 13.8 |
| 2 | 20 | Marika Behnke | Blackburn Harriers | 20.29 | 7 | 546 | Phoebe Hoyle | Preston Harriers | 13.9 |
| 3 | 785 | Karina Astashchanka | Lancaster & Morecambe | 18.58 | 8 | 129 | Juno Justins Nanchangi | Blackpool Wyre & Fylde | 14.0 |
| 4 | 271 | Alice Brown | Kendal AAC | 16.69 | 9 | 561 | Orla-rose McLaughlin | Preston Harriers | 14.1 |
| Under 16 Girls Javelin | | | | | 10 | 629 | Emily Harrison | Southport Waterloo | 14.2 |
| 1 | 20 | Marika Behnke | Blackburn Harriers | 26.44 | 11 | 213 | Emily Urquhart | Bury AC | 14.2 |
| 2 | 364 | Poppy Abraham | Liverpool P & S | 23.62 | 12 | 289 | Jessica Ramsey | Kendal AAC | 14.3 |
| 3 | 109 | Georgia Allmark | Blackpool Wyre & Fylde | 16.12 | 13 | 143 | Lacey Regan | Blackpool Wyre & Fylde | 14.3 |
| 4 | 250 | Elizabeth McLaren | Chorley AC & Tri | 12.36 | 14 | 130 | Grace Kirkham | Blackpool Wyre & Fylde | 14.3 |
| 5 | 309 | Olivia Hemingway | Lancaster & Morecambe | 11.01 | 15 | 285 | Izzy Leigh | Kendal AAC | 14.6 |
| Under 16 Girls Hammer | | | | | 16 | 350 | Isabelle Coward | Leven Valley AC | 14.7 |
| 1 | 81 | Madeline Partridge | Blackburn Harriers | 45.61 | 17 | 459 | Freya Clunie | Millom | 15.1 |
| 2 | 109 | Georgia Allmark | Blackpool Wyre & Fylde | 19.45 | 18 | 358 | Isabella Scanlon | Leven Valley AC | 15.2 |
| 3 | 128 | Sophie Hopeng | Blackpool Wyre & Fylde | 18.48 | 19 | 245 | Grace Jones | Chorley AC & Tri | 15.3 |
| Under 14 Girls 100m heat 1 | | | | | 20 | 48 | India Gooden | Blackburn Harriers | 15.5 |
| 1 | 463 | Beth Hodgson | Millom | 13.5 | 21 | 265 | Jessica Wood | Chorley AC & Tri | 15.8 |
| 2 | 129 | Juno Justins Nanchangi | Blackpool Wyre & Fylde | 14.0 | 22 | 235 | Faith Hogan | Chorley AC & Tri | 15.8 |
| 3 | 629 | Emily Harrison | Southport Waterloo | 14.2 | 23 | 30 | Amelia Carrier | Blackburn Harriers | 16.1 |
| 4 | 350 | Isabelle Coward | Leven Valley AC | 14.7 | 24 | 518 | Amaya Carruthers | Preston Harriers | 16.3 |
| 5 | 245 | Grace Jones | Chorley AC & Tri | 15.3 | 25 | 269 | Rosie Beaton | Kendal AAC | 16.8 |
| 6 | 30 | Amelia Carrier | Blackburn Harriers | 16.1 | 26 | 786 | Thea Harrison | Lancaster & Morecambe | 16.9 |
| 7 | 786 | Thea Harrison | Lancaster & Morecambe | 16.9 | 27 | 556 | Ayaanah Lulat | Preston Harriers | 18.2 |



| Under 14 Girls 200m heat 1 Wind: 1.5 | | | | | Under 14 Girls 200m overall | | | | |
|---|-----|------------------------|------------------------|------|------------------------------------|-----|------------------------|-------------------------|--------|
| 1 | 202 | Matilda Nott | Bury AC | 26.3 | 1 | 202 | Matilda Nott | Bury AC | 26.3 |
| 2 | 546 | Phoebe Hoyle | Preston Harriers | 28.4 | 2 | 135 | Adleigh McCunnell | Blackpool Wyre & Fylde | 27.8 |
| 3 | 286 | Isla MacKinnon | Kendal AAC | 28.7 | 3 | 177 | Nancy Blain | Bury AC | 28.1 |
| 4 | 129 | Juno Justins Nanchangi | Blackpool Wyre & Fylde | 29.4 | 4 | 463 | Beth Hodgson | Millom | 28.2 |
| 5 | 245 | Grace Jones | Chorley AC & Tri | 31.4 | 5 | 546 | Phoebe Hoyle | Preston Harriers | 28.4 |
| 6 | 672 | Lexi-belle Conradie | Wigan & District | 31.4 | 6 | 286 | Isla MacKinnon | Kendal AAC | 28.7 |
| 7 | 450 | Lena Szargut | Lytham St Annes | 33.7 | 7 | 213 | Emily Urquhart | Bury AC | 28.7 |
| 8 | 30 | Amelia Carrier | Blackburn Harriers | 33.7 | 8 | 543 | Darcie Holt | Preston Harriers | 29.2 |
| Under 14 Girls 200m heat 2 Wind: 0.9 | | | | | 9 | 519 | Lydia Codarin | Preston Harriers | 29.2 |
| 1 | 177 | Nancy Blain | Bury AC | 28.1 | 10 | 129 | Juno Justins Nanchangi | Blackpool Wyre & Fylde | 29.4 |
| 2 | 543 | Darcie Holt | Preston Harriers | 29.2 | 11 | 143 | Lacey Regan | Blackpool Wyre & Fylde | 29.4 |
| 3 | 143 | Lacey Regan | Blackpool Wyre & Fylde | 29.4 | 12 | 40 | Sophie Douglas | Blackburn Harriers | 29.8 |
| 4 | 40 | Sophie Douglas | Blackburn Harriers | 29.8 | 13 | 285 | Izzy Leigh | Kendal AAC | 30.1 |
| 5 | 289 | Jessica Ramsey | Kendal AAC | 30.5 | 14 | 629 | Emily Harrison | Southport Waterloo | 30.3 |
| 6 | 232 | Abigale Goldie | Chorley AC & Tri | 31.6 | 15 | 289 | Jessica Ramsey | Kendal AAC | 30.5 |
| 7 | 518 | Amaya Carruthers | Preston Harriers | 31.8 | 16 | 588 | Emma Shuttleworth | Preston Harriers | 30.6 |
| 8 | 445 | Annabel Blewett | Lytham St Annes | 32.7 | 17 | 174 | Isabella Williams | Burnley AC | 31.2 |
| Under 14 Girls 200m heat 3 Wind: 3.6 | | | | | 18 | 529 | Neytiri Fowler | Preston Harriers | 31.3 |
| 1 | 135 | Adleigh McCunnell | Blackpool Wyre & Fylde | 27.8 | 19 | 672 | Lexi-belle Conradie | Wigan & District | 31.4 |
| 2 | 213 | Emily Urquhart | Bury AC | 28.7 | 20 | 245 | Grace Jones | Chorley AC & Tri | 31.4 |
| 3 | 519 | Lydia Codarin | Preston Harriers | 29.2 | 21 | 23 | Pippa Blackburn | Blackburn Harriers | 31.4 |
| 4 | 285 | Izzy Leigh | Kendal AAC | 30.1 | 22 | 232 | Abigale Goldie | Chorley AC & Tri | 31.6 |
| 5 | 588 | Emma Shuttleworth | Preston Harriers | 30.6 | 23 | 518 | Amaya Carruthers | Preston Harriers | 31.8 |
| 6 | 529 | Neytiri Fowler | Preston Harriers | 31.3 | 24 | 459 | Freya Clunie | Millom | 31.8 |
| 7 | 23 | Pippa Blackburn | Blackburn Harriers | 31.4 | 25 | 65 | Mia Logan | Blackburn Harriers | 32.2 |
| 8 | 311 | Florence Houseman | Lancaster & Morecambe | 33.9 | 26 | 170 | Sadie Phillipson | Burnley AC | 32.2 |
| Under 14 Girls 200m heat 4 | | | | | 27 | 445 | Annabel Blewett | Lytham St Annes | 32.7 |
| 1 | 463 | Beth Hodgson | Millom | 28.2 | 28 | 265 | Jessica Wood | Chorley AC & Tri | 33.0 |
| 2 | 629 | Emily Harrison | Southport Waterloo | 30.3 | 29 | 30 | Amelia Carrier | Blackburn Harriers | 33.7 |
| 3 | 174 | Isabella Williams | Burnley AC | 31.2 | 30 | 450 | Lena Szargut | Lytham St Annes | 33.7 |
| 4 | 65 | Mia Logan | Blackburn Harriers | 32.2 | 31 | 311 | Florence Houseman | Lancaster & Morecambe | 33.9 |
| 5 | 269 | Rosie Beaton | Kendal AAC | 35.3 | 32 | 269 | Rosie Beaton | Kendal AAC | 35.3 |
| Under 14 Girls 200m heat 5 Wind: 2.1 | | | | | 33 | 273 | Poppy Carlton | Kendal AAC | 35.4 |
| 1 | 459 | Freya Clunie | Millom | 31.8 | Under 14 Girls 800m heat 1 | | | | |
| 2 | 170 | Sadie Phillipson | Burnley AC | 32.2 | 1 | 183 | Mylah Collier | Bury AC | 2:30.3 |
| 3 | 265 | Jessica Wood | Chorley AC & Tri | 33.0 | 2 | 286 | Isla MacKinnon | Kendal AAC | 2:33.3 |
| 4 | 273 | Poppy Carlton | Kendal AAC | 35.4 | 3 | 774 | Eva Pearce | Rosendale Harriers & AC | 2:36.6 |
| | | | | | 4 | 78 | Lily-mae Newton | Blackburn Harriers | 2:37.6 |
| | | | | | 5 | 114 | Maggie Belfield | Blackpool Wyre & Fylde | 2:37.7 |
| | | | | | 6 | 522 | Ella Cox | Preston Harriers | 2:38.6 |
| | | | | | 7 | 32 | Mya Chadwick | Blackburn Harriers | 2:42.2 |
| | | | | | 8 | 655 | Lauren Sinha | Southport Waterloo | 2:47.4 |
| | | | | | 9 | 289 | Jessica Ramsey | Kendal AAC | 2:54.5 |
| | | | | | 10 | 235 | Faith Hogan | Chorley AC & Tri | 3:08.7 |
| | | | | | 11 | 786 | Thea Harrison | Lancaster & Morecambe | 3:10.4 |



Under 14 Girls 800m heat 2

| | | | | | | |
|----|-----|------------------|-------------------------|--------|--|--|
| 1 | 798 | Yemi Adebajo | Liverpool Harriers & AC | 2:28.7 | | |
| 2 | 676 | Poppy Duffy | Wigan & District | 2:29.8 | | |
| 3 | 40 | Sophie Douglas | Blackburn Harriers | 2:38.1 | | |
| 4 | 560 | Tilly McKenna | Preston Harriers | 2:38.9 | | |
| 5 | 558 | Isla McHugh | Preston Harriers | 2:41.3 | | |
| 6 | 358 | Isabella Scanlon | Leven Valley AC | 2:45.1 | | |
| 7 | 350 | Isabelle Coward | Leven Valley AC | 2:47.5 | | |
| 8 | 23 | Pippa Blackburn | Blackburn Harriers | 2:48.4 | | |
| 9 | 784 | Lexi Fawcett | Bury AC | 2:51.7 | | |
| 10 | 325 | Abigail Verrall | Lancaster & Morecambe | 3:04.0 | | |
| 11 | 273 | Poppy Carlton | Kendal AAC | 3:12.4 | | |
| 12 | 319 | Ailsa Roberts | Lancaster & Morecambe | 3:16.2 | | |
| 13 | 269 | Rosie Beaton | Kendal AAC | 3:18.1 | | |

Under 14 Girls 800m overall

| | | | | | | |
|----|-----|-------------------|-------------------------|--------|--|--|
| 1 | 798 | Yemi Adebajo (NC) | Liverpool Harriers & AC | 2:28.7 | | |
| 2 | 676 | Poppy Duffy | Wigan & District | 2:29.8 | | |
| 3 | 183 | Mylah Collier | Bury AC | 2:30.3 | | |
| 4 | 286 | Isla MacKinnon | Kendal AAC | 2:33.3 | | |
| 5 | 774 | Eva Pearce (NC) | Rosendale Harriers & AC | 2:36.6 | | |
| 6 | 78 | Lily-mae Newton | Blackburn Harriers | 2:37.6 | | |
| 7 | 114 | Maggie Belfield | Blackpool Wyre & Fylde | 2:37.7 | | |
| 8 | 40 | Sophie Douglas | Blackburn Harriers | 2:38.1 | | |
| 9 | 522 | Ella Cox | Preston Harriers | 2:38.6 | | |
| 10 | 560 | Tilly McKenna | Preston Harriers | 2:38.9 | | |
| 11 | 558 | Isla McHugh | Preston Harriers | 2:41.3 | | |
| 12 | 32 | Mya Chadwick | Blackburn Harriers | 2:42.2 | | |
| 13 | 358 | Isabella Scanlon | Leven Valley AC | 2:45.1 | | |
| 14 | 655 | Lauren Sinha | Southport Waterloo | 2:47.4 | | |
| 15 | 350 | Isabelle Coward | Leven Valley AC | 2:47.5 | | |
| 16 | 23 | Pippa Blackburn | Blackburn Harriers | 2:48.4 | | |
| 17 | 784 | Lexi Fawcett | Bury AC | 2:51.7 | | |
| 18 | 289 | Jessica Ramsey | Kendal AAC | 2:54.5 | | |
| 19 | 325 | Abigail Verrall | Lancaster & Morecambe | 3:04.0 | | |
| 20 | 235 | Faith Hogan | Chorley AC & Tri | 3:08.7 | | |
| 21 | 786 | Thea Harrison | Lancaster & Morecambe | 3:10.4 | | |
| 22 | 273 | Poppy Carlton | Kendal AAC | 3:12.4 | | |
| 23 | 319 | Ailsa Roberts | Lancaster & Morecambe | 3:16.2 | | |
| 24 | 269 | Rosie Beaton | Kendal AAC | 3:18.1 | | |

Under 14 Girls 1500m

| | | | | | | |
|---|-----|----------------|-------------------------|--------|--|--|
| 1 | 797 | Tolu Adebajo | Liverpool Harriers & AC | 5:04.6 | | |
| 2 | 564 | Anais Mitchell | Preston Harriers | 6:11.7 | | |
| 3 | 578 | Mia Park | Preston Harriers | 6:11.7 | | |
| 4 | 531 | Lydia Gardiner | Preston Harriers | 6:19.5 | | |

Under 14 Girls 4 x 100m Relay

| | | | | | | |
|---|-----|--|-----------------------|------|--|--|
| 1 | 202 | | Bury AC | 55.2 | | |
| 2 | 514 | | Preston Harriers | 55.2 | | |
| 3 | 285 | | Kendal AAC | 58.8 | | |
| 4 | 225 | | Chorley AC & Tri | 63.6 | | |
| 5 | 786 | | Lancaster & Morecambe | 65.3 | | |

Under 14 Girls High Jump

| | | | | | | |
|---|-----|-------------------|--------------------|------|--|--|
| 1 | 74 | Hannah Moore | Blackburn Harriers | 1.29 | | |
| 2 | 174 | Isabella Williams | Burnley AC | 1.26 | | |
| 3 | 170 | Sadie Phillipson | Burnley AC | 1.20 | | |
| 4 | 235 | Faith Hogan | Chorley AC & Tri | 1.00 | | |

Under 14 Girls Long Jump

| | | | | | | |
|----|-----|---------------------|------------------------|------|--|--|
| 1 | 519 | Lydia Codarin | Preston Harriers | 4.17 | | |
| 2 | 74 | Hannah Moore | Blackburn Harriers | 4.03 | | |
| 3 | 174 | Isabella Williams | Burnley AC | 4.01 | | |
| 4 | 286 | Isla MacKinnon | Kendal AAC | 3.87 | | |
| 5 | 130 | Grace Kirkham | Blackpool Wyre & Fylde | 3.76 | | |
| 6 | 514 | Lucy Bamber | Preston Harriers | 3.73 | | |
| 7 | 212 | Phoebe Thompson | Bury AC | 3.57 | | |
| 8 | 786 | Thea Harrison | Lancaster & Morecambe | 3.51 | | |
| 9 | 655 | Lauren Sinha | Southport Waterloo | 3.47 | | |
| 10 | 319 | Ailsa Roberts | Lancaster & Morecambe | 3.40 | | |
| 11 | 170 | Sadie Phillipson | Burnley AC | 3.40 | | |
| 12 | 265 | Jessica Wood | Chorley AC & Tri | 3.39 | | |
| 13 | 459 | Freya Clunie | Millom | 3.39 | | |
| 14 | 311 | Florence Houseman | Lancaster & Morecambe | 3.08 | | |
| 15 | 672 | Lexi-belle Conradie | Wigan & District | 3.08 | | |
| 16 | 245 | Grace Jones | Chorley AC & Tri | 2.67 | | |
| 17 | 325 | Abigail Verrall | Lancaster & Morecambe | 2.67 | | |
| 18 | 556 | Ayaanah Lulat | Preston Harriers | 2.60 | | |

Under 14 Girls Shot

| | | | | | | |
|---|-----|---------------------|-----------------------|------|--|--|
| 1 | 220 | Alice Maddams | Carlisle Aspatria AC | 9.78 | | |
| 2 | 519 | Lydia Codarin | Preston Harriers | 7.81 | | |
| 3 | 500 | Emmi Higginbottom | Pendle AC | 6.47 | | |
| 4 | 70 | Jenna McKinlay | Blackburn Harriers | 6.20 | | |
| 5 | 516 | Olivia Boland-Quine | Preston Harriers | 6.07 | | |
| 6 | 469 | Mollie Pearson | Millom | 5.76 | | |
| 7 | 311 | Florence Houseman | Lancaster & Morecambe | 4.69 | | |

Under 14 Girls Discus

| | | | | | | |
|---|-----|---------------|----------------------|-------|--|--|
| 1 | 220 | Alice Maddams | Carlisle Aspatria AC | 35.14 | | |
| 2 | 183 | Mylah Collier | Bury AC | 18.06 | | |

Under 14 Girls Javelin

| | | | | | | |
|---|-----|-------------------|----------------------|-------|--|--|
| 1 | 220 | Alice Maddams | Carlisle Aspatria AC | 38.55 | | |
| 2 | 183 | Mylah Collier | Bury AC | 20.71 | | |
| 3 | 500 | Emmi Higginbottom | Pendle AC | 19.41 | | |
| 4 | 212 | Phoebe Thompson | Bury AC | 11.20 | | |

Under 12 Girls 75m heat 1 Wind: 0.2

| | | | | | | |
|---|-----|---------------------|------------------------|------|--|--|
| 1 | 224 | Alice Birchall | Chorley AC & Tri | 11.6 | | |
| 2 | 726 | Jessemy Berry Berry | Hyndburn AC | 11.8 | | |
| 3 | 137 | Alana McMinnis | Blackpool Wyre & Fylde | 12.2 | | |
| 4 | 508 | Darah Adeyemo | Preston Harriers | 12.2 | | |
| 5 | 300 | Nessa Cody | Lancaster & Morecambe | 12.5 | | |

Under 12 Girls 75m heat 2

| | | | | | | |
|---|-----|----------------------|------------------------|------|--|--|
| 1 | 136 | Annabella McLoughlin | Blackpool Wyre & Fylde | 11.4 | | |
| 2 | 225 | Ysella Blaskovics | Chorley AC & Tri | 12.6 | | |
| 3 | 586 | Frankie Shay | Preston Harriers | 13.0 | | |
| 4 | 171 | Maisie Sayle | Burnley AC | 13.2 | | |
| 5 | 326 | Freya Winterbottom | Lancaster & Morecambe | 14.0 | | |



| Under 12 Girls 75m heat 3 Wind: 0.1 | | | | |
|--|-----|------------------|------------------------|------|
| 1 | 557 | Emma Maughan | Preston Harriers | 11.4 |
| 2 | 150 | Harper Sawbridge | Blackpool Wyre & Fylde | 12.1 |
| 3 | 793 | Eva Roberts | Preston Harriers | 12.5 |
| 4 | 266 | Sophie Wood | Chorley AC & Tri | 13.3 |
| 5 | 783 | Olivia Mitchell | Blackburn Harriers | 14.2 |

| Under 12 Girls 75m heat 4 | | | | |
|----------------------------------|-----|------------------|------------------------|------|
| 1 | 201 | Isabella Nott | Bury AC | 12.2 |
| 2 | 460 | Charley Cummings | Millom | 12.9 |
| 3 | 154 | Florrie Ward | Blackpool Wyre & Fylde | 13.6 |
| 4 | 310 | Poppy Holroyd | Lancaster & Morecambe | 14.1 |
| 5 | 608 | Lucy Williamson | Preston Harriers | 14.3 |

| Under 12 Girls 75m overall | | | | |
|-----------------------------------|-----|----------------------|------------------------|------|
| 1 | 136 | Annabella McLoughlin | Blackpool Wyre & Fylde | 11.4 |
| 2 | 557 | Emma Maughan | Preston Harriers | 11.4 |
| 3 | 224 | Alice Birchall | Chorley AC & Tri | 11.6 |
| 4 | 726 | Jessemey Berry Berry | Hyndburn AC | 11.8 |
| 5 | 150 | Harper Sawbridge | Blackpool Wyre & Fylde | 12.1 |
| 6 | 508 | Darah Adeyemo | Preston Harriers | 12.2 |
| 7 | 137 | Alana McMinnis | Blackpool Wyre & Fylde | 12.2 |
| 8 | 201 | Isabella Nott | Bury AC | 12.2 |
| 9 | 300 | Nessa Cody | Lancaster & Morecambe | 12.5 |
| 10 | 793 | Eva Roberts | Preston Harriers | 12.5 |
| 11 | 225 | Ysella Blaskovics | Chorley AC & Tri | 12.6 |
| 12 | 460 | Charley Cummings | Millom | 12.9 |
| 13 | 586 | Frankie Shay | Preston Harriers | 13.0 |
| 14 | 171 | Maisie Sayle | Burnley AC | 13.2 |
| 15 | 266 | Sophie Wood | Chorley AC & Tri | 13.3 |
| 16 | 154 | Florrie Ward | Blackpool Wyre & Fylde | 13.6 |
| 17 | 326 | Freya Winterbottom | Lancaster & Morecambe | 14.0 |
| 18 | 310 | Poppy Holroyd | Lancaster & Morecambe | 14.1 |
| 19 | 783 | Olivia Mitchell | Blackburn Harriers | 14.2 |
| 20 | 608 | Lucy Williamson | Preston Harriers | 14.3 |

| Under 12 Girls 150m heat 1 Wind: 2.4 | | | | |
|---|-----|-------------------|------------------------|------|
| 1 | 294 | Teigan Wilcock | Kendal AAC | 22.0 |
| 2 | 604 | Eden Wilkins | Preston Harriers | 22.3 |
| 3 | 557 | Emma Maughan | Preston Harriers | 22.7 |
| 4 | 118 | Honey-bleu Clarke | Blackpool Wyre & Fylde | 23.4 |
| 5 | 357 | Gabrielle Murray | Leven Valley AC | 23.5 |
| 6 | 201 | Isabella Nott | Bury AC | 24.6 |
| 7 | 152 | Isla Thompson | Blackpool Wyre & Fylde | 24.9 |
| 8 | 793 | Eva Roberts | Preston Harriers | 25.4 |

| Under 12 Girls 150m heat 2 | | | | |
|-----------------------------------|-----|----------------------|------------------------|------|
| 1 | 136 | Annabella McLoughlin | Blackpool Wyre & Fylde | 22.8 |
| 2 | 224 | Alice Birchall | Chorley AC & Tri | 23.3 |
| 3 | 782 | Isla Elsander | Lytham St Annes | 23.9 |
| 4 | 234 | Amelia Hale | Chorley AC & Tri | 24.5 |
| 5 | 586 | Frankie Shay | Preston Harriers | 26.9 |
| 6 | 352 | Lexi Fisher | Leven Valley AC | 30.5 |

| Under 12 Girls 150m overall | | | | |
|------------------------------------|-----|----------------------|------------------------|------|
| 1 | 294 | Teigan Wilcock | Kendal AAC | 22.0 |
| 2 | 604 | Eden Wilkins | Preston Harriers | 22.3 |
| 3 | 557 | Emma Maughan | Preston Harriers | 22.7 |
| 4 | 136 | Annabella McLoughlin | Blackpool Wyre & Fylde | 22.8 |
| 5 | 224 | Alice Birchall | Chorley AC & Tri | 23.3 |
| 6 | 118 | Honey-bleu Clarke | Blackpool Wyre & Fylde | 23.4 |
| 7 | 357 | Gabrielle Murray | Leven Valley AC | 23.5 |
| 8 | 782 | Isla Elsander | Lytham St Annes | 23.9 |
| 9 | 223 | Robyn Rigg | Carlisle Aspatria AC | 24.0 |
| 10 | 234 | Amelia Hale | Chorley AC & Tri | 24.5 |
| 11 | 201 | Isabella Nott | Bury AC | 24.6 |
| 12 | 152 | Isla Thompson | Blackpool Wyre & Fylde | 24.9 |
| 13 | 252 | Amelia Pendlebury | Chorley AC & Tri | 24.9 |
| 14 | 150 | Harper Sawbridge | Blackpool Wyre & Fylde | 25.3 |
| 15 | 793 | Eva Roberts | Preston Harriers | 25.4 |
| 16 | 528 | Matilda Forsyth | Preston Harriers | 25.4 |
| 17 | 586 | Frankie Shay | Preston Harriers | 26.9 |
| 18 | 266 | Sophie Wood | Chorley AC & Tri | 27.1 |
| 19 | 226 | Xanthe Bragg | Chorley AC & Tri | 27.1 |
| 20 | 352 | Lexi Fisher | Leven Valley AC | 30.5 |

| Under 12 Girls 600m heat 1 | | | | |
|-----------------------------------|-----|------------------|-----------------------|--------|
| 1 | 294 | Teigan Wilcock | Kendal AAC | 1:54.1 |
| 2 | 357 | Gabrielle Murray | Leven Valley AC | 2:05.9 |
| 3 | 540 | Emily Holden | Preston Harriers | 2:06.6 |
| 4 | 460 | Charley Cummings | Millom | 2:07.4 |
| 5 | 528 | Matilda Forsyth | Preston Harriers | 2:08.4 |
| 6 | 226 | Xanthe Bragg | Chorley AC & Tri | 2:12.1 |
| 7 | 223 | Robyn Rigg | Carlisle Aspatria AC | 2:15.3 |
| 8 | 234 | Amelia Hale | Chorley AC & Tri | 2:16.4 |
| 9 | 314 | Luisa Korne | Lancaster & Morecambe | 2:19.1 |
| 10 | 783 | Olivia Mitchell | Blackburn Harriers | 2:31.5 |

| Under 12 Girls 600m heat 2 | | | | |
|-----------------------------------|-----|-------------------|------------------------|--------|
| 1 | 604 | Eden Wilkins | Preston Harriers | 1:50.7 |
| 2 | 509 | Cora Alton | Preston Harriers | 1:55.7 |
| 3 | 125 | Esmee Gamble | Blackpool Wyre & Fylde | 2:00.2 |
| 4 | 120 | Isabelle Cooper | Blackpool Wyre & Fylde | 2:01.1 |
| 5 | 782 | Isla Elsander | Lytham St Annes | 2:04.2 |
| 6 | 252 | Amelia Pendlebury | Chorley AC & Tri | 2:04.9 |
| 7 | 201 | Isabella Nott | Bury AC | 2:08.4 |
| 8 | 300 | Nessa Cody | Lancaster & Morecambe | 2:09.5 |
| 9 | ?? | | | 2:10.0 |
| 10 | 362 | Maya Zaboklicka | Leven Valley AC | 2:10.5 |
| 11 | 603 | Aurelia Wilding | Preston Harriers | 2:10.6 |
| 12 | 534 | Lily Gough | Preston Harriers | 2:12.4 |


Under 12 Girls 600m overall

| | | | | | | |
|----|-----|-------------------|------------------------|--------|--|--|
| 1 | 604 | Eden Wilkins | Preston Harriers | 1:50.7 | | |
| 2 | 294 | Teigan Wilcock | Kendal AAC | 1:54.1 | | |
| 3 | 509 | Cora Alton | Preston Harriers | 1:55.7 | | |
| 4 | 125 | Esmee Gamble | Blackpool Wyre & Fylde | 2:00.2 | | |
| 5 | 120 | Isabelle Cooper | Blackpool Wyre & Fylde | 2:01.1 | | |
| 6 | 782 | Isla Elsander | Lytham St Annes | 2:04.2 | | |
| 7 | 252 | Amelia Pendlebury | Chorley AC & Tri | 2:04.9 | | |
| 8 | 357 | Gabrielle Murray | Leven Valley AC | 2:05.9 | | |
| 9 | 540 | Emily Holden | Preston Harriers | 2:06.6 | | |
| 10 | 460 | Charley Cummings | Millom | 2:07.4 | | |
| 11 | 528 | Matilda Forsyth | Preston Harriers | 2:08.4 | | |
| 12 | 201 | Isabella Nott | Bury AC | 2:08.4 | | |
| 13 | 300 | Nessa Cody | Lancaster & Morecambe | 2:09.5 | | |
| 14 | | ?? | | 2:10.0 | | |
| 15 | 362 | Maya Zaboklicka | Leven Valley AC | 2:10.5 | | |
| 16 | 603 | Aurelia Wilding | Preston Harriers | 2:10.6 | | |
| 17 | 226 | Xanthe Bragg | Chorley AC & Tri | 2:12.1 | | |
| 18 | 534 | Lily Gough | Preston Harriers | 2:12.4 | | |
| 19 | 223 | Robyn Rigg | Carlisle Aspatria AC | 2:15.3 | | |
| 20 | 234 | Amelia Hale | Chorley AC & Tri | 2:16.4 | | |
| 21 | 314 | Luisa Korne | Lancaster & Morecambe | 2:19.1 | | |
| 22 | 783 | Olivia Mitchell | Blackburn Harriers | 2:31.5 | | |

Under 12 Girls Javelin

| | | | | | | |
|---|-----|--------------------|-----------------------|------|--|--|
| 1 | 195 | Evelyn McDonald | Bury AC | 9.86 | | |
| 2 | 252 | Amelia Pendlebury | Chorley AC & Tri | 9.62 | | |
| 3 | 225 | Ysella Blaskovics | Chorley AC & Tri | 8.93 | | |
| 4 | 300 | Nessa Cody | Lancaster & Morecambe | 8.79 | | |
| 5 | 326 | Freya Winterbottom | Lancaster & Morecambe | 7.66 | | |
| 6 | 314 | Luisa Korne | Lancaster & Morecambe | 7.21 | | |
| 7 | 603 | Aurelia Wilding | Preston Harriers | 6.97 | | |
| 8 | 310 | Poppy Holroyd | Lancaster & Morecambe | 4.53 | | |

Under 12 Girls 4 x 100m Relay

| | | | | | | |
|---|-----|--|------------------------|------|--|--|
| 1 | 137 | | Blackpool Wyre & Fylde | 65.1 | | |
| 2 | 557 | | Preston Harriers | 69.0 | | |

Under 12 Girls Long Jump

| | | | | | | |
|----|-----|----------------------|------------------------|------|--|--|
| 1 | 294 | Teigan Wilcock | Kendal AAC | 3.88 | | |
| 2 | 726 | Jessemy Berry Berry | Hyndburn AC | 3.75 | | |
| 3 | 118 | Honey-bleu Clarke | Blackpool Wyre & Fylde | 3.45 | | |
| 4 | 223 | Robyn Rigg | Carlisle Aspatria AC | 3.24 | | |
| 5 | 224 | Alice Birchall | Chorley AC & Tri | 3.12 | | |
| 6 | 357 | Gabrielle Murray | Leven Valley AC | 3.10 | | |
| 7 | 540 | Emily Holden | Preston Harriers | 2.94 | | |
| 8 | 234 | Amelia Hale | Chorley AC & Tri | 2.81 | | |
| 9 | 15 | Quinn Porter | Barrow & Furness | 2.67 | | |
| 10 | 541 | Julia Holden | Preston Harriers | 2.61 | | |
| 11 | 528 | Matilda Forsyth | Preston Harriers | 2.57 | | |
| 12 | 154 | Florrie Ward | Blackpool Wyre & Fylde | 2.52 | | |
| 13 | 226 | Xanthe Bragg | Chorley AC & Tri | 2.46 | | |
| 14 | 150 | Harper Sawbridge | Blackpool Wyre & Fylde | 2.46 | | |
| 15 | 460 | Charley Cummings | Millom | 2.46 | | |
| 16 | 195 | Evelyn McDonald | Bury AC | 2.39 | | |
| 17 | 326 | Freya Winterbottom | Lancaster & Morecambe | 2.39 | | |
| 18 | 171 | Maisie Sayle | Burnley AC | 2.38 | | |
| 19 | 314 | Luisa Korne | Lancaster & Morecambe | 2.23 | | |
| 20 | 508 | Darah Adeyemo | Preston Harriers | 2.21 | | |
| 21 | 783 | Olivia Mitchell | Blackburn Harriers | 2.19 | | |
| 22 | 266 | Sophie Wood | Chorley AC & Tri | 2.18 | | |
| 23 | 136 | Annabella McLoughlin | Blackpool Wyre & Fylde | 1.17 | | |

Under 12 Girls Shot

| | | | | | | |
|---|-----|-------------------|------------------------|------|--|--|
| 1 | 225 | Ysella Blaskovics | Chorley AC & Tri | 4.52 | | |
| 2 | 137 | Alana McMinnis | Blackpool Wyre & Fylde | 4.13 | | |
| 3 | 534 | Lily Gough | Preston Harriers | 3.64 | | |
| 4 | 608 | Lucy Williamson | Preston Harriers | 2.99 | | |